Les Bons Amis (L/P)

級數: Improver line/partner dance

編舞者: Chris Peel (UK)

拍數: 32

音樂: You're My Best Friend - Don Williams

VINE RIGHT ¼ TURN RIGHT HOLD, SIDE SWAYS HOLD

1-4 Side step right, step left behind right, 1/4 turn right on the right, hold

5-8 Side step left into a sway, sway right, sway left, hold

STEPS FORWARD WITH HOLDS, REVERSE PIVOT $\ensuremath{\frac{1}{2}}$ TURN LEFT, STEPS FORWARD WITH HOLD

- 9-12 Step forward on the right, hold, step forward on the left, hold
- 13-16 Rock back on the right, pivot ½ turn left stepping forward on the left, step forward on right, hold

STEPS FORWARD WITH HOLDS, REVERSE PIVOT ½ TURN RIGHT, STEPS FORWARD WITH HOLD

- 17-20 Step forward on the left, hold, step forward on the right, hold
- 21-24 Rock back on the left, pivot ½ turn right stepping forward on the right, step forward on the left, hold

RUMBA BOX

- 25-28 Side step right, slide step the left together, step forward on the right, hold
- 29-32 Side step left, slide step the right together, step back on the left, hold

REPEAT

TAGS:

When dancing to "You're My Best Friend" by Don Williams, at the end of the 4th repetition (facing home wall), repeat beats 25-32 to cover the additional 8 counts in the instrumental bridge. Similarly at the end of the 10th repetition (facing back wall), to cover the coda.

When dancing to "Friends Don't Drive Friends" by Deryl Dodd, at the end of the 4th repetition (facing home wall), add the following:

1-4 Sway right, sway left, sway right, hold

5-8 Sway left, sway right, sway left, hold

Then repeat beats 25-32, to cover the 16 counts in the instrumental bridge. Similarly at the end of the 8th repetition (again facing home wall)

When dancing to "Nobody's Mad At Me Here" by Carl Wayne, at the end of the 5th repetition (facing right wall) add 4 sways:

1-4 Side step right into a sway, sway left, sway right, sway left

To cover the extra 4 beats in the instrumental bridge

When dancing to "Love Love" by Charlie Landsborough or "Oh So Blue" by Paul Bailey there are no tags.





牆數:4