

Legs

拍數: 32 牆數: 4 級數: Improver
編舞者: Lisa Martin (UK)
音樂: Hot Legs - Tom Jones & Tina Turner



ROCK RECOVER, ½ SHUFFLE, ROCK RECOVER, COASTER STEP

1-2 Rock forward on right, recover on left
3&4 Make ½ right, step forward on right, step left beside right, step forward right
5-6 Rock forward on left, recover on right
7&8 Step left foot back, step right beside left, step forward left

ROCK RECOVER, ¾ SHUFFLE, ROCK RECOVER, COASTER STEP

1-2 Rock forward on right, recover on left
3&4 Make ¾ right, step forward on right, step left beside right, step forward right
5-6 Rock forward on left, recover on right
7&8 Step left foot back, step right beside left, step forward left

SIDE TOGETHER, SHUFFLE FORWARD, SIDE TOUCH, KICK BALL CHANGE

1-2 Step right to right side, step left beside right
3&4 Step right forward, step left beside right, step forward right
5-6 Step left to left side, touch right beside left
7&8 Kick right foot forward, step right beside left, step forward left

SCUFF STEP, ROLL HIPS, WALK, WALK, STEP OUT, CLAP

1-2 Scuff right forward, step onto right foot
3&4 Circle hips anti clock wise, three times
5-6 Walk forward right, walk left forward
&7-8 Step right to right side, step left to left side, clap hands

REPEAT
