

Legend In My Heart (P)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver partner dance
編舞者: Toshio Suzuki (SG)
音樂: Before The Next Teardrop Falls (feat. David Hidalgo) - Dolly Parton



Position: Start Sweetheart Position. Man on lady's left, his right arm across her shoulder. Her right arm is bent at the elbow to join his right hand. Lady's left hand is in the man's left. Same steps for Man and Lady except where stated

This Partner dance is based on " Legend In My Heart" which is choreographed by DJ Dan & Wynette Miller

FRONT WALL

CROSS ROCK, CHASSE; CROSS ROCK, CHASSE

- 1-2 Cross rock right over left, recover weight on left
3&4 Step right to right side, step left next to right, step right to right side
5-6 Cross rock left over right, recover weight on right
7&8 Step left to left side, step right next to left, step left to left side

CROSS, UNWIND/TURN, SHUFFLE FORWARD

9-10 **MAN:** Cross rock right over left, ¼ turn right as you recover on left (release left hand on count 10)

LADY: Cross right over left, unwind ¾ turn left

11&12 Shuffle forward right, left, right

Man regain lady's left hand during the shuffle, both in sweetheart position

STEP, ½ PIVOT, SHUFFLE FORWARD

- 13&14 Step left forward, pivot ½ right
15&16 Shuffle forward left, right, left

Now in reverse sweetheart position

ROCK STEP, COASTER STEP, ROCK STEP, SHUFFLE ½ TURN LEFT

- 17-18 Rock right forward, recover on left
19&20 Step right back, step left next to right, step right forward
21-22 Rock left forward, recover on right
23&24 Shuffle ½ turn left stepping left, right, left

Now in sweetheart position

STEP, ¾ TURN/UNWIND, CHASSE

Release right hand on count 26 & take left hand over lady's head; regain right hand during the chasse

- 25-26 Step right forward, unwind ¾ turn left
27&28 Step right to right side, step left next to right, step right to right side

Now facing back wall and in reverse sweetheart position

CROSS ROCK BEHIND, CHASSE

- 29-30 Cross rock left behind right, recover weight on to right
31&32 Step left to left side, step right next to left, step left to left side

Begin the dance, back wall, reverse sweetheart position

BACK WALL

Start reverse sweetheart position. Man on lady's right, his left arm across her shoulder her left arm is bent at the elbow to join his left hand, lady's right hand is in the man's right

CROSS ROCK, CHASSE; CROSS ROCK CHASSE

- 1-2 Cross rock right over left, recover weight on left
3&4 Step right to right side, step left next to right, step right to right side

5-6 Cross rock left over right, recover weight on right
7&8 Step left to left side, step right next to left, step left to left side

CROSS, UNWIND/TURN, SHUFFLE FORWARD

9-10 **MAN:** Cross right over left, unwind $\frac{3}{4}$ turn left

Release left hand on count 10

LADY: Cross rock right over left, $\frac{1}{4}$ turn right as you recover on left

11&12 Shuffle forward right, left, right

Man regain lady's left hand during the shuffle, both in reverse sweetheart position

STEP, $\frac{1}{2}$ PIVOT, SHUFFLE FORWARD

13&14 Step left forward, pivot $\frac{1}{2}$ right

15&16 Shuffle forward left, right, left

Now in Sweetheart Position

ROCK STEP, COASTER STEP, ROCK STEP SHUFFLE $\frac{1}{2}$ TURN LEFT

17-18 Rock right forward, recover on left

19&20 Step right back, step left next to right, step right forward

21-22 Rock left forward, recover on right

23&24 Shuffle $\frac{1}{2}$ turn left stepping left, right, left

Now in Reverse Sweetheart Position

STEP, TURN, CHASSE

Release left hand on count 26 & take right hand over lady's head; regain left hand during the chasse

25-26 **MAN:** Step right forward, $\frac{1}{4}$ turn right

LADY: Rock right forward, recover on left

Lady prepares for turn by slightly twisting/angling her body to the left

27&28 **MAN:** Step right to right side, step left next to right, step right to right

LADY: $1 \frac{1}{4}$ Turning right step right left, right (moving to the right side)

Now facing front wall & in sweetheart position

CROSS ROCK BEHIND, CHASSE

29-30 Cross rock left behind right, recover weight on to right

31&32 Step left to left side, step right next to left, step left to left side

REPEAT
