Leaving In A Minute

級數: Beginner

編舞者: Anne Harris (UK)

拍數: 32

音樂: The Party Ain't Over Yet - Status Quo

WALK, WALK, WALK, KICK, BACK, BACK, BACK, TOUCH

- 1-4 Walk forward right, left, right, kick left foot forward
- 5-8 Walk back left, right, left, touch right beside left

VINE RIGHT, ¼ TURN, HOLD, ½ TURN, HOLD

1-4 Right step to right side, left cross behind right, right step to right, left touch beside right

- More advanced dancers can turn this into full rolling vine if desired wait 2 walls first
- 5-6 Turning left make ¼ turn and step forward on to left, hold
- 7-8 Turning left make 1/2 turn and step back on to right, hold

ROCK BACK, RECOVER, TOE STRUTS FORWARD, ROCK FORWARD, RECOVER

- 1-2 Rock back on to left foot, recover weight forward on to right
- 3-4 Step forward on to left toe, step down on to left heel
- 5-6 Step forward on to right toe, step down on to right heel
- 7-8 Rock forward on to left foot, recover weight back on to right

TOE STRUTS BACK, STEP BACK, ¼ TURN, TOGETHER, HOLD

- 1-2 Step back on to left toe, step down on to left heel
- 3-4 Step back on to right toe, step down on to right heel
- 5 Step back on to left
- 6 Making ¼ turn right step right foot to right side
- 7-8 Close left beside right, hold (weight on left)

REPEAT





牆數:2