

Leavin'

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Jan Smith (UK)
音樂: Leavin' Me Now - Billy Curtis



CROSS ROCK (FORWARD & BACK & FORWARD), CROSS SHUFFLE, SIDE, SAILOR STEP

- 1&2& Cross rock forward on left foot, recover weight onto right, rock back on left foot, recover
3 Step left diagonally across right
4&5 Step right across left, close left behind right, step right across left. (cross shuffle)
6 Step left foot to left
7&8 Cross right foot behind left, step left foot to left side, step right foot to right. (sailor step)

STEP PIVOT ½ HOOK, STEP RONDE HOOK, LEFT CROSS LOCK CROSS, RIGHT CROSS LOCK CROSS

- 9-10 Step left forward pivot ½ right on the ball of left foot hooking right foot in front of left (click fingers at shoulder height)
11-12 Step right foot forward, sweep left foot around (extended) in front of right into a hook
13&14 Step left foot across right, lock right foot behind left, step left foot across right
15&16 Step right foot across right, lock left foot behind right, step right foot across left

ROCK SIDE, RECOVER, CROSS SHUFFLE, ROCK SIDE, RECOVER, CROSS SHUFFLE

- 17-18 Rock left foot to left, recover weight onto right
19&20 Step left across right, close right to left, step left across right. (cross shuffle)
21-22 Rock right foot to right, recover weight onto left
23&24 Step right across left, close left to right, step right across left. (cross shuffle)

STEP PIVOT ½ HOOK, STEP RONDE HOOK, LEFT LOCK LEFT, RIGHT LOCK RIGHT

- 25-26 Step left forward pivot ½ right on the ball of left foot hooking right foot in front of left (click fingers at shoulder height)
27-28 Step right foot forward, sweep left foot around (extended) in front of right into a hook
29&30 Step left foot across right, lock right foot behind left, step left foot diagonally right
31&32 Step right foot across left, lock left foot behind right, step right foot diagonally left

ROCK RECOVER, TURN ½, TURN ½, TURN ¼ SIDE SHUFFLE, SAILOR STEP

- 33-34 Rock left foot forward, recover weight onto right
35 Turn ½ left on ball of right foot & step forward left
36 Turn ½ left on ball of left foot, step back on right foot
37&38 Turn 1/4 left on ball of right foot & step left foot to left side, close right to left, step left to left
39&40 Cross right foot behind left, step left foot to left side, step right foot to right. (sailor step)

BEHIND SIDE SWIVEL HEELS TURNING ¼ LEFT, COASTER STEP, HIP BUMPS

- 41-42 Step left foot behind right, step right foot to right leaving left foot out to left
43&44 With weight on balls of both feet swivel heels right, left, right while turning ¼ left
45&46 Step left foot back, close right to left, step left foot forward (coaster step)
47&48 Step right diagonally forward right & bump hips right, left, right. (weight finishes on right)

REPEAT

TAG

Only use the tag when dancing to "Leavin' me now". Tag is danced after first time through and again after third time through. You will be facing back wall both times)

CROSS BALL CROSS BALL CROSS BALL CROSS, CROSS, SIDE, BEHIND SIDE CROSS

- 1& Step left foot across right, close right behind left
- 2& Step left foot across right, close right behind left
- 3& Step left foot across right, close right behind left
- 4 Step left foot across right
- 5-6 Step right across left, step left to side
- 7&8 Step right behind left, step left to side, step right across left

SWAY HIPS LEFT, RIGHT, LEFT, RIGHT

- 9-12 Step left foot to left side and sway hips left, right, left, right
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