

Leave Now

拍數: 32 牆數: 4 級數: Beginner
編舞者: Donna Soanes (UK)
音樂: Leave Right Now - Will Young



CROSS ROCK, RIGHT CHASSE, CROSS ROCK, LEFT CHASSE

1-2 Cross rock right over left, recover on left
3&4 Step right to right side, step left next to right, step right to right side
5-6 Cross rock left over right, recover on right
7&8 Step left to left side, step right next to left, step left to left side

ROCK, ½ SHUFFLE, ½ SHUFFLE, ROCK

1-2 Rock right forward, recover on left
3&4 Shuffle ½ turn right, stepping right, left, right
5&6 Shuffle ½ turn right, stepping left, right, left
7-8 Rock right back, recover on left

STEP ¼ TURN, CROSS SHUFFLE, ROCK, CROSS SHUFFLE

1-2 Step right, pivot ¼ turn left
3&4 Cross right over left, step left to left side, cross right over left
5-6 Rock left to side, recover on right
7&8 Cross left over, right, step right to right side, cross left over right

¼ TURN LEFT, BACK, COASTER STEP, ROCK, ¼ SHUFFLE

1-2 Turn ¼ left stepping back on right, step left back
3&4 Step right back, step left next to right, step right forward
5-6 Rock forward on right, recover on left
7&8 Step left to left side, close right behind left, step left ¼ turn left

REPEAT
