

Leave It On

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Dottie Wicks (USA)
音樂: That Girl - Maxi Priest



FORWARD TRAVELING BROADWAY KICKS

- 1-2 Stepping forward on left kick right leg in front and across left
- 3-4 Stepping forward on right kick left leg in front and across
- 5-6 Stepping forward on left kick right leg in front and across left
- 7-8 Stepping forward on right kick left leg in front and across

KICK/TOUCH BACK/ ½ TURN PIVOT/HEEL HOOK/HEEL FLICK

- 1-2 Step down on left, kick right leg forward
- 3 Touch right toe behind right heel
- 4 Turn ½ turn to the right and while hooking right in front of left shin
- 5 With weight on left foot, dig right heel to 1:00 position
- 6 Hook right foot in front of left shin
- 7 With weight on left foot, dig right heel to 1:00 position
- 8 With weight on left foot, flick right foot to side right

SIDE SHUFFLES / ROCK STEPS

- 1&2 Shuffle to the right - right, left, right
- 3-4 Rock step back on left - recover weight on right
- 5&6 Shuffle to the left - left, right, left
- 7-8 Rock step back on right - recover weight on left

CROSS ROCKS/SHUFFLES WITH TURNS

- 1-2 Cross rock step - right in front of left / rock back on to left
- 3&4 Shuffle right, left, right while turning ½ turn to right (to the right)
- 5-6 Cross rock step - left in front of right / rock back on to right
- 7-8 Shuffle left, right, left while turning ¼ turn to left (to the left)

STEP TURNS/SHUFFLE BACK/COASTER STEP

- 1-2 Step forward right - pivot turn ½ turn to left (weight on left)
- 3-4 Step forward right - pivot turn ½ turn to left (weight on left)
- 5&6 Shuffle moving backwards - right, left, right
- 7&8 Coaster step - left, right, left

STEP TURNS/HIP ROLLS

- 1-2 Step forward on right - turn ½ turn to left
- 3-4 Step forward on right - turn ½ turn to left
- 5-6 Roll hips to the right
- 7&8 Bump hips right, left, right (weight ends on right)

REPEAT
