拍數： 40 䁣數： 4
級數：Intermediate
編舞者：Roz Morgan（USA）
音樂：She Bangs－Ricky Martin

KICK BALL CHANGE，PIVOT TURN，JAZZ BOX WITH ¼ TURN
1\＆2 Kick right foot forward，step in place with right foot，step left foot next to right foot
3
4
5
6
7
8
Step forward on right foot
Turn $1 / 2$ to left stepping on left foot
Cross right foot over left foot
Step back on left foot
Step right foot $1 / 4$ turn to right
Step left foot next to right foot

## TOUCH FORWARD，TOUCH SIDE，SAILOR SHUFFLE

1
Touch right foot forward
2 Touch right foot to right side
Step right foot behind left foot，step left foot to left side，step right foot in place
5
Touch left foot forward
$6 \quad$ Touch left foot to left side
7\＆8 Step left foot behind right foot，step right foot to right side，step left foot in place

## ROCK STEPS， 3 ² TURN

1 Rock forward on right foot
$2 \quad$ Recover on left foot（in place）
3 Rock back on right foot
4 Recover on left foot（in place）
$5 \quad$ Rock forward on right foot
$6 \quad$ Recover on left foot（in place）
$7 \& 8 \quad$ Shuffle right，left，right as you make $3 / 4$ turn to right over right shoulder

## HIP BUMPS，SIDE SHUFFLE，ROCK，RECOVER

1 Bump hips to left（for styling try moving your shoulders with your hips）
$2 \quad$ Bump hips to right（for styling try moving your shoulders with your hips）
3 Bump hips to left（for styling try moving your shoulders with your hips）
4 Bump hips to right（for styling try moving your shoulders with you hips）
5\＆6 Shuffle left，right，left to left side
7－8 Rock right foot across left foot，recover on left foot（in place）
$1 / 4$ TURN SHUFFLES（ $3 X$ TO RIGHT），COASTER STEP
$1 \& 2 \quad$ Step right foot to right side，bring left foot next to right foot，turn $1 / 4$ to right as you step on right foot
Step left foot to left side，bring right foot next to left foot，turn $1 / 4$ to right as you step on left foot
3\＆4
5\＆6

7\＆8 Step right foot to right side，bring left foot next to right foot，turn $1 / 4$ to right as you step on right foot
Step back with left foot，step right foot next to left foot，step forward on left foot
REPEAT

