

Learning As You Go

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 1 級數: Beginner
編舞者: Iris M. Mooney (USA)
音樂: Learning As You Go - Rick Trevino



FULL MONTEREY TURN RIGHT

- 1 Weight on ball of left foot, extend right foot (shoulder width apart) to right
- 2 Spring on ball of left foot ½ turn right, ending weight on right foot
- 3 Touch left foot out to left side
- 4 Step left foot next to right foot
- 5 Weight on ball of left foot, extend right foot (shoulder width apart) to right
- 6 Spring on ball of left foot ½ turn right, ending weight on right foot
- 7 Touch left foot out to left side
- 8 Step left foot next to right foot

SIDE SHUFFLE WITH ROCKS

- 9&10 Shuffle to right side right, left, right foot
- 11 Rock back on left foot
- 12 Rock forward right foot
- 13&14 Shuffle to left side left, right, left
- 15 Rock back right foot
- 16 Rock forward left foot

HIP BUMPS FORWARD

- 17 Step right foot forward at a right angle, bump right hips
- 18 Bump right hips
- 19 Step left foot forward at a left angle, bump left hips
- 20 Bump left hips
- 21 Step right foot forward at a right angle, bump right hips
- 22 Bump right hips
- 23 Step left foot forward at a left angle, bump left hips
- 24 Bump left hips

WALK BACK TOE-HEEL

- 25 Step back on ball of right foot
- 26 Drop right heel
- 27 Step back on ball of left foot
- 28 Drop left heel
- 29 Step back on ball of right foot
- 30 Drop right heel
- 31 Step back on ball of left foot
- 32 Drop left heel

REPEAT
