Lean On Me

COPPER KNOB

拍數: 32

級數:



音樂: Lean on Me - Club Nouveau

FORWARD RIGHT, FORWARD LEFT AS ½ TURN, COASTER STEP, FORWARD LEFT AS ½ TURN, BACK RIGHT, ANCHOR STEP

- 1-2 Step forward right, step forward onto left, making ½ turn to right (to the right)
- 3&4 Step back right, step together left, step forward right
- 5-6 Step forward left making ¹/₂ turn to right, step back right

牆數:2

7&8 Step back onto left, shift weight forward on right, shift weight back to left

WALK, WALK, KICK-BALL-CROSS, BIG STEP, DRAG SNAP, ½ TURN, TOUCH CLAP

- 9-10 Walk forward right, walk forward left
- 11&12 Kick right diagonal across left, step back on right & slightly to right, cross left over in front of right
- 13-14 Big step to right with right (with airplane arms), touch left toe to center and snap fingers once
- 15-16 Step left to left side with ½ turn, touch right toe to center and clap once

BIG STEP, DRAG SNAP, ½ TURN, TOUCH CLAP, BIG STEP, DRAG SNAP, ½ TURN, TOUCH CLAP

- 17-18 Big step to right with right (with airplane arms), touch left toe to center and snap fingers once
- 19-20 Step left to left side with ½ turn, touch right toe to center and clap once
- 21-22 Big step to right with right (with airplane arms), touch left toe to center and snap fingers once
- 23-24 Step left to left side with ½ turn, touch right toe to center and clap once

POINT & POINT, DOWN & UP BUMPS, POINT & POINT, DOWN & UP BUMPS

- 25&26& Point right toe to right side, right back to center, point left toe forward, push hips to left
- 27&28& Push hips to right and lower body, push hips to left and raise up, push hips to right and raise up more, shift weight onto left as you stand up straight
- 29&30& Point right toe to right side, right back to center, point left toe forward, push hips to left
- 31&32& Push hips to the right and lower body, push hips to the left and raise up, push hips to right and raise up more, shift weight onto left as you stand up straight

REPEAT

