

Lean Back & Do The Rock Away

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate hip hop
編舞者: Wendy Dee (CAN)
音樂: Lean Back - Terror Squad



(MOVING TO RIGHT) BRUSH RIGHT, HOLD, RIGHT, LEFT, RIGHT, LEFT

1-2 Brush right foot forward, hold
&3 Hop out onto right, bring left together with right
&4 Hop out onto right, step left together with right

& BRUSH, HOLD, CROSS LEFT, STEP, TOGETHER, STEP, TURN

&5-6 Hop onto right, brush left over right, hold
&7 Cross left over left, step right to right
&8 Bring left next to right, step onto right
& Step ¼ turn left onto left

STEP, HOLD, BEHIND, FORWARD, FORWARD, BEHIND, STEP

9-10 Step forward hard onto right on angle to right, hold
&11 Left lock step behind right, step forward onto right
&12 Step forward onto left (angle to left), right lock step behind left
& Step left forward

½ TURN RIGHT AS YOU STEP RIGHT, HOLD, LEFT BEHIND, STEP RIGHT FORWARD, LEFT FORWARD, RIGHT BEHIND, STEP LEFT FORWARD

13-14 Step ½ turn to right onto right, hold
&15 Left lock step behind right, step forward onto right
&16 Step forward onto left (on angle to left), right lock step behind left
& Step left forward

STEP RIGHT, HOLD, LEFT IN, OUT, IN, OUT, IN

17-18 Step to right side, hold
&19 Bring left foot into right, take left back to left side
&20 Bring left back into right, take left back to left side
& Bring left back into right

STEP RIGHT, HOLD, LEFT IN, OUT, IN, OUT, IN

21-24 Repeat counts 17-20

SLIDE RIGHT, LEFT, RIGHT, LEFT, RIGHT, LEFT (FORWARD MOONWALK)

25-26 Slide right foot forward and pop right heel up, slide left foot forward and pop left heel up
27& Slide right foot forward and pop right heel up, slide left foot forward and pop left heel up
28& Slide right foot forward and pop right heel up, slide left foot forward and pop left heel up

BUMP RIGHT HIP FORWARD, BACK, FORWARD BACK FORWARD BACK

29-30 Stomp right foot forward as you bump right hip forward, bump left hip back
31& Bump right hip forward, bump left hip back
32& Bump right hip forward, bump left hip back

REPEAT

TAG

After wall 2

RIGHT OUT, LEFT OUT, RIGHT IN, LEFT IN

1-4 Step forward on angle to right with right foot, step forward on angle to left with left foot, step back and into original spot with right foot, touch left foot back beside right

& ROCK, LEFT, RIGHT, LEFT, TOUCH RIGHT

&5-8 Hop onto right foot, rock hips to left, rock hips to right, rock hips to left, rock hips to right and touch right to finish

LEAN BACK, SHOULDER FORWARD, LEAN BACK, SHOULDER FORWARD

9-12 Step back onto right and roll right shoulder back as you lean body back to right, roll right shoulder forward, roll right shoulder back as you lean body back to right, roll right shoulder forward

LEAN BACK, SHOULDER FORWARD, LEAN BACK, SHOULDER FORWARD

13-16 Repeat steps 9-12
