

Le Spin

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Nancy Thompson Verbruyck (USA)
音樂: Around The World (La La La La La) - ATC



CROSS, SIDE, SAILOR STEP

1-2 Cross right over left and step, step to left side onto left foot
3&4 Cross right behind left and step, step to left side onto left foot, replace weight onto right foot

CROSS, SIDE, SAILOR STEP

5-6 Cross left over right and step, step to right side onto right foot
7&8 Cross left behind right and step, step to right side onto right foot, replace weight onto left foot

WEAVE LEFT, TURN

9-10 Cross right over left and step, step to left side onto left foot
11-12 Cross right behind left and step, step to left side onto left foot
13-14 Cross right over left and step, step to left side onto left foot
15-16 Cross right behind left and step, make a ¼ turn left and step forward onto left foot

STEP, TURN, SHUFFLE

17-18 Step forward onto right foot, pivoting on both feet make a ½ turn to left and replace weight onto left foot
19&20 Shuffle forward right, left, right

ROCK-REPLACE-CROSS, ROCK-REPLACE-CROSS (MAMBO STEPS WITH CROSS)

21&22 Step out to left side onto left foot and rock, replace weight onto right foot, step forward and across right onto left foot
23&24 Step out to right side onto right foot and rock, replace weight onto left foot, step forward and across left onto right foot

KICK-STEP-TOUCH, KICK-STEP-TOUCH

25&26 Kick left foot forward, step onto left foot next to right, touch right toe next to left
27&28 Kick right foot forward, step onto right foot next to left, touch left toe next to right

CROSS, UNWIND, CLAP HANDS

29-30-31 Cross left foot over right and touch left toe, unwind ½ turn to right (2 beats)
&32 Clap hands twice

REPEAT
