

Le Pant

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Sandy Allen & Rhiannon Fry (AUS)
音樂: The Devil Made Me Do It - Fisk & Cristian



- 1-2&3-4 Kick right forward, kick right to right side, step right together transferring weight to right, step left forward, step right forward
- 5-6-7-8 Leaving feet in place twist ¼ left, twist ¼ right ending weight on left, rock back on right, rock forward onto left
- 1-2-3& Moving forward twist right to right 45, twist left to left 45, twisting right kick right to right 45, step onto right
- 4 Touch left beside right (right ball touch)
- 6-7-8& Moving forward twist left to left 45, twist right to right 45, straightening to center kick left forward, replace left beside right
- 8 Step right forward (left kick ball step)
- 1-2-3-4 Rock forward left, rock back onto right, make ½ turn left on right foot step left forward, scuff right beside left
- 5-6-7&8 Step right forward, make ½ turn left, step right forward, lock left behind right, step right forward
- 1-2&3-4 Rock left to left side, replace weight onto right, step left to center, rock right to right side, replace weight onto left (syncopated side rocks)
- 5&6-7-8 Cross right behind left, step left to left side, cross right in front of left, step left to left side, touch right beside left
- 1-2-3-4 Rolling full turn right step right-left-right, touch left beside right with a right hand click
- 5&6-7 Touch left to left side, replace left beside right, cross right in front of left (touch ball cross), step left to left side
- 8 Stomp right heel beside left with right toes & right knee angled in ending with weight on right heel (busting position)
- 1-8 Making a ½ turn right complete 8 apple jacks (toes in heels out, heels in toes out etc)
- 1&2-3 Bouncing step right slightly to right 45, step left beside right, step right in place bouncing step left slightly to left 45
- &4 Step right beside left, step left in place
- 5&6-7&8 Repeat the last 4 counts (these are go go steps, add your own style)
- &1-2-3-4 Step right to right side, cross left in front of right, hold, unwind ½ turn right (ending weight on left), hold
- 5-6-7-8 Cross right in front of left, hold, unwind ½ turn left (ending with weight on left) hold

REPEAT

RESTART

On wall four, dance the first 16 counts and instead of stepping right foot forward on count 16, touch right beside left to restart dance