

Le Palais Slide

拍數: 32 牆數: 4 級數: Beginner
編舞者: "Rodeo" Ruth Lambden (UK)
音樂: Honkiest Tonkiest Beer Joint - Dale Watson



ROCK TOUCH X 2, HEEL, TOGETHER, STEP, SLIDE

1-2 Rock right foot forward, touch left foot next to right
3-4 Rock left foot back, touch right next to left
5-6 Tap right heel forward, touch right foot next to left
7-8 Step right foot a big step to right side, slide left foot next to right

ROCK TOUCH X 2, HEEL, TOGETHER, STEP, SLIDE

1-2 Rock left foot forward, touch right foot next to left
3-4 Rock right foot back, touch left next to right
5-6 Tap left heel forward, touch left foot next to right
7-8 Step left foot a big step to left side, slide right foot next to left

GRAPEVINE RIGHT, PALAIS SLIDE

1-2 Step right foot to right side, cross left foot behind right
3-4 Step right foot to right side, touch left foot next to right
5-8 Step left foot a big step to left side, slide right foot next to left over 3 counts

GRAPEVINE RIGHT WITH ¼ TURN, PALAIS SLIDE

1-2 Step right foot to right side, cross left foot behind right
3-4 Step right foot ¼ turn right, touch left foot next to right
5-8 Step left foot a big step back, slide right foot back next to left over 3 counts

REPEAT
