

Le Freak

拍數: 32 牆數: 2 級數: hustle
編舞者: Johnny Montana (USA)
音樂: Le Freak - Chic



This dance was patterned after the "Hustle", a couples dance and a member of the Swing family. The movements should emulate that style of dancing

BALL-CHANGE, STEP FORWARD, STEP BACK

&1-2 Step back on left, step forward on right, step forward on left
3-4 Step back onto right, step back onto left

BALL-CHANGE, STEP FORWARD, TURN, STEP BACK

&5-6 Step back on right, step forward on left, step forward on right
&7-8 Pivoting on right make a ½ turn to right, step back on left, step back on right

BALL-CHANGE, KICK, BALL-CHANGE, STEP

&9-10 Step back on left, step forward on right, kick left forward
&11-12 Step back on left, step forward on right, step forward on left

BALL-CHANGE, KICK, BALL-CHANGE, STEP

&13-14 Step back on right, step forward on left, kick right forward
&15-16 Step back on right, step forward on left, step forward on right

BALL-CHANGE, GRAPEVINE RIGHT

&17 Step on left to left side, step to right side on right
18-20 Step to right side on left crossing behind right, step to right side on right, step to right side on left crossing in front of right

BALL-CHANGE, TOGETHER WITH CLAP, BALL-CHANGE, TOGETHER WITH CLAP

&21-22 Step on right to right side, take a lo-o-o-n-g step to left side on left, slide right next to left and clap
&23-24 Step on left to left side, take a lo-o-o-n-g step to right side on right, slide left next to right and clap

BALL-CHANGE, GRAPEVINE LEFT

&25 Step on right to right side, step to left side onto left
26-28 Step to left side on right crossing behind left, step to left side onto left, step to left side on right crossing in front of left

BALL-CHANGE, TOGETHER WITH CLAP, BALL-CHANGE, TOGETHER WITH CLAP

&29-30 Step on left to left side, take a lo-o-o-n-g step to right side on right, slide left next to right and clap
&31-32 Step on right to right side, take a lo-o-o-n-g step to left side on left, slide right next to left and clap

REPEAT