

拍數: 0                      牆數: 4                      級數: Intermediate  
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 音樂: La Dolce Vita - After Dark



Sequence: AA, BB, AA, BB, A, BB, C

### PART A

#### POINT, POINT, COASTER STEP TWICE

1-2                      Point right toe forward, point right toe to right side  
 3&4                      Step back on right foot, close left beside right, step right foot forward  
 5-6                      Point left toe forward, point left toe to left side  
 7&8                      Step back on left foot, close right beside left, step left foot forward

#### ROCK FORWARD, ROCK BACK, SIDE ROCK, CROSS SHUFFLE

1-2                      Rock forward on right foot, recover  
 3-4                      Rock back on right foot, recover  
 5-6                      Rock right foot to right side, recover  
 7&8                      Cross right foot over left, step left foot to left side, cross right foot over left

#### ROCK LEFT, CROSS SHUFFLE, SIDE, CROSS, SIDE, CROSS

1-2                      Rock left foot to left side, recover  
 3&4                      Cross left foot over right, step right foot to right side, cross left foot over right  
 5-6                      Step to the right and twist body to the left, cross left over right and twist body to the right  
 7-8                      Step to the right and twist body to the left, cross left over right and twist body to the right

Steps 5-8 is done on balls of feet

#### ¼ TURN LEFT, KICK, COASTER STEP, SHUFFLE, SHUFFLE

1-2                      On left foot turn ¼ left and step back on right foot, kick left foot forward  
 3&4                      Step back on left foot, close right beside left, step left foot forward  
 5&6                      Step right foot forward, close left behind right, step right forward  
 7&8                      Step left foot forward, close right behind left, step left foot forward

### PART B

#### FULL TURN RIGHT, CLAP, FULL TURN LEFT, CLAP

1-3                      Step ¼ to the right, step ¼ to the right, pivot half turn right  
 4                          Touch left next to right, clap  
 5-7                      Step ¼ to the left, step ¼ to the left, pivot half turn left  
 8                          Touch right next to left, clap

#### KICK BALL CROSS, SWAY X4, KICK BALL CROSS

1&2                      Kick right foot forward, step right next to left, cross left over right  
 3-4                      Step/sway to the right, sway left  
 5-6                      Sway right, sway left  
 7&8                      Kick right foot forward, step right next to left, cross left over right

#### POINT CROSS, POINT, CROSS, ¼ TURN JAZZ BOX

1-2                      Point right foot to the right, cross right over left  
 3-4                      Point left foot to the left, cross left over right  
 5-6                      Cross right foot over left, step back on left foot  
 7-8                      Step ¼ to the right, step forward on left foot

**POINT CROSS, POINT, CROSS, ¼ TURN JAZZ BOX**

- 1-2 Point right foot to the right, cross right over left
- 3-4 Point left foot to the right, cross left over right
- 5-6 Cross right foot over left, step back on left foot
- 7-8 Step ¼ to the right, step forward on left foot

**PART C**

**POINT, HOLD, CROSS, HOLD, UNWIND ¾, OUT, OUT**

- 1-2 Point right toe to right side, hold
  - 3-4 Cross right foot over left, hold
  - 5-6 Unwind ¾ to the left
  - &7-8 Step out with right foot, step out with left foot, hold
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