

# Lazy River

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 2      級數: Improver  
編舞者: Lois Bichler (USA)  
音樂: Up a Lazy River - Leon Redbone



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## FORWARD, LOCK, FORWARD, SCUFF- RIGHT THEN LEFT

1-4      Step forward on right, lock left behind right, forward again on right, scuff left  
5-8      Step forward on left, lock right behind left, forward again on left, scuff right

## WALK BACK, HOLD, BACK, HOLD, WALK BACK FOUR STEPS

1-4      Walk back right, hold, walk back left, hold  
5-8      Walk back four small steps- right, left, right, left

## HEEL JACKS TWICE

1&2&      Cross right in front, step back on left, right heel forward, step back on right  
3&4&      Cross left in front, step back on right, left heel forward, step back on left  
5&6&7&8&      Repeat 1&2&3&4&

## SLOW (4 COUNT) ½ TURN TO LEFT, SIDE, TOUCH, SIDE, TOUCH

1-4      Step forward on right, hold, turn ½ to left, hold (transfer weight to left)  
5-8      Step right to right, touch left next to right, step left to left, touch right next to left

## REPEAT

## TAG

Added after completing the second and fourth repetitions of the dance. You will be facing front both times. You can also add these 8 counts very slowly at the end of the song

## PADDLE TURNS

1-2      Step forward on right, turn ¼ to left (transfer weight to left)  
3-8      Repeat 1-2 three times to end facing front and start dance again

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