

Lazy River

拍數: 64 牆數: 4 級數: Intermediate/Advanced
編舞者: William Sevone (UK)
音樂: Lazy River - Bobby Darin



4X SIDE TOE TOUCH-FORWARD CROSS STEP

- 1-2 Touch right toe to right side, cross right foot forward over left
- 3-4 Touch left toe to left side, cross left foot forward over right
- 5-6 Touch right toe to right side, cross right foot forward over left
- 7-8 Touch left toe to left side, cross left foot forward over right

ROCK FORWARD-BACKWARD WITH EXPRESSION, 3X CROUCHING BACKWARD TOE STRUTS WITH EXPRESSION

- 9-10 Rock forward onto right foot, rock onto left foot
- 11-12 Step backward onto right toe, drop right heel to floor
- 13-14 Step backward onto left foot, drop left heel to floor
- 15-16 Step backward onto right toe, drop right heel to floor

Counts 9-16: crouching forward at all times

Counts 11-16: military arm swings with finger clicks (both hands), i.e. 11-12 left arm forward, right arm backward

STEP BACKWARD, ½ LEFT STEP FORWARD, ¾ LEFT SIDE STEP, CROSS TOE TOUCH, SYNCOPATED WEAVE, SIDE TOE TOUCH,

- 17-18 (Straighten up) step backward onto left foot, turn ½ left & step forward onto right foot
- 19-20 Turn ¾ left & step left foot to left side, cross touch right toe over left foot
- &21 Step right foot next to left, cross step left foot over right
- &22 Step right foot next to left, cross step left foot behind right
- &23 Step right foot next to left, cross step left foot over right
- 24 Touch right toe to right side

SLOW JAZZ BOX WITH STEP FORWARD AND EXPRESSION

- 25-26 Cross step right toe over left foot, drop right heel to floor
- 27-28 Step backward onto left toe, drop left heel to floor
- 29-30 Step right toe to right side, drop right heel to floor
- 31-32 Step forward onto left heel, drop left toe to floor

Counts 25-30: crouching forward with finger clicks (both hands) on 25,27,29

Counts 31-32: straighten up with finger click (both hands) on 31

SIDE KICK, STEP BEHIND, TOGETHER-¼ LEFT STEP FORWARD, STEP FORWARD, TOE TOUCH WITH FINGER CLICKS AND EXPRESSION

- 33-34 Flick kick right foot to right side, cross step right foot behind left
- &35 Step left foot next to right, turn ¼ left & step forward onto right foot
- 36 Step forward onto left foot
- 37-38 (Both knees slightly bent forward) touch right toe next to left foot & click fingers, click fingers

Counts 37-38: both hands at sides of (lowered) head - flick click fingers forward

- 39-40 Turn ¼ right & step right foot to right side, cross step left foot over right

TOE STRUT GRAPEVINE

- 41-42 Step right toe to right side, drop right heel to floor
- 43-44 Cross step left toe behind right foot, drop left heel to floor
- 45-46 Step right toe to right side, drop right heel to floor
- 47-48 Cross step left toe over right foot, drop left heel to floor

TOE TOUCH: SIDE-FORWARD CROSS-SIDE-BACKWARD CROSS, SIDE STEP, ¼ LEFT TOE TOUCH, WALK FORWARD (LEFT, RIGHT,)

- 49-50 Touch right toe to right side, cross touch right toe over left foot
51-52 Touch right toe to right side, cross touch right toe behind left foot
53-54 Step right foot to right side, turn ¼ left & touch left toe backward
55-56 Step forward onto left foot, step forward onto right foot

3X VAUDEVILLE KICKS, CROSS STEP, UNWIND ¾ LEFT

- 57-58 Kick left foot diagonally forward right, step right foot next to left
59-60 Kick right foot diagonally forward left, step left foot next to right
61-62 Kick left foot diagonally forward right, step right foot next to left
63-64 Cross step right foot over left, unwind ¾ left (weight on left foot)

REPEAT

DANCE FINISH

1: at the end of wall 5 replace count with the following

- 64 Unwind ½ left with right hand on hat brim and left hand behind back,

DANCE FINISH

2: at the end of wall 5 replace counts 63-64 with the following

- 63-64 Cross step right foot over left with right hand on hat, unwind ½ left with arms extended upwards and hat in right hand
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