

Lazy Daze

拍數: 32 牆數: 4 級數: Improver
編舞者: William Sevone (UK)
音樂: Where I'm From - Shelby Lynne



SWAY: LEFT-RIGHT-LEFT-RIGHT, CROSS TOUCH BEHIND, ¼ LEFT STEP FORWARD, SCUFF-STEP FORWARD

- 1-2 Swaying - step left foot to left side, sway onto right foot
- 3-4 Sway onto left foot, sway onto right foot,
- 5-6 Cross touch left toe behind right foot, turn ¼ left & step forward onto left foot,
- 7-8 Scuff right foot forward step right foot diagonally forward left

CROSS STEP, STEP BACKWARD, ¼ LEFT SIDE STEP, ¼ LEFT SCUFF-STEP FORWARD, PIVOT ½ LEFT, FORWARD STEP LOCK STEP

- 9-10 Cross step left foot over right, step backward onto right foot
- 11-12 Turn ¼ left & step left foot to left side, turn ¼ left & scuff right foot forward
- 13-14 Step forward onto right foot, pivot ½ left (weight on left foot)
- 15&16 Step forward onto right foot, lock left foot behind right, step forward onto right foot

LEFT-RIGHT TIPPI-TOES, FORWARD STEP LOCKSTEP, ROCK FORWARD, ROCK, ½ RIGHT SIDE STEP, CROSS ROCK

- 17-18 Step forward onto left toe, step forward onto right toe
- On counts 17-18: (purely optional) try and lean slightly forward**
- 19&20 Step forward onto left foot, lock right foot behind left, step forward onto left foot
 - 21-22 Rock forward onto right foot, rock onto left foot
 - 23-24 Turn ½ right & step right foot to right side, cross rock left foot over right

ROCK, SIDE STEP, CROSS SHUFFLE LEFT, 4X FORWARD DIAGONAL STEPS

- 25-26 Rock onto right foot, step left foot to left side
- 27&28 Cross step right foot over left, step left foot to left side, cross step right foot over left
- 29-30 Step left foot diagonally forward left, step right foot diagonally forward right
- 31-32 Step left foot diagonally forward left, step right foot diagonally forward right

REPEAT

DANCE FINISH

The dance will finish on count 12 of wall 10 (facing 6:00). To finish facing the home wall replace counts 11-12 with the following:

- 11-12 Rock left foot to left side, rock onto right foot with (optional) right hand on hat brim, left hand on left hip