

Lazy Day Shuffle

COPPER KNOB
STEPPERS

拍數: 32
編舞者: Vicky Potts
音樂: Unknown

牆數: 0

級數:



Position: Facing LOD. Both start on same foot. Holding hands side by side

1-2 Step left forward, touch right beside left
3-4 Step right back, touch left beside right
5-6 Step left forward, slide right beside left
7-8 Step left forward, scuff right forward

1-2 Step right forward, touch left beside right
3-4 Step left back, touch right beside left
5-6 Step right forward, slide left beside right
7-8 Step right forward, scuff left forward

1-2 Walk forward left, walk forward right
3-4 Walk forward left, hitch/lift right knee
5-6 Walk back right, walk back left
7-8 Walk back right, hitch/lift left knee

1&2 Left shuffle forward
3&4 Right shuffle forward
5&6 Left shuffle forward
7&8 Right shuffle forward

REPEAT
