

Lazy Boots Cha Cha (P)

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: partner dance
編舞者: Stu McGlary & Ann Helmore (UK)
音樂: He'll Have to Go - Ry Cooder



Position: Shadow Position. Right hands on lady's right hip

MAN'S STEPS

SIDE, TOGETHER, SHUFFLE FORWARD, TWICE ROCK SHUFFLE BACK, ROCK SHUFFLE FORWARD

1-2 Step left to side, slide/step right together
3&4 Shuffle forward left, right, left
5-6 Step right to side, slide/step left together
7&8 Shuffle forward right, left, right
9-10 Rock left forward, recover on right
11&12 Shuffle back left, right, left
13-14 Rock right back, recover on left
15&16 Shuffle forward right, left, right

TURKISH TOWEL SEQUENCE

17-18 Rock left forward, recover on right
Take left hands over lady's head, then over man's head on next section
19&20 Triple in place left, right, left
Lady is now on left side of man, man's right arm in Hammerlock Position
21-22 Rock right back, recover on left
23&24 Triple in place right, left, right
Lady is now on right side of man, man's left arm in Hammerlock
25-26 Rock left back, recover on right
27&28 Triple in place left, right, left
Lady is now on left side of man, man's right arm in Hammerlock
29-30 Rock right back, rock left forward
Releasing right hands lady turns across front of man
31&32 Triple in place right, left, right
Rejoin right hands in Side By Side Position (Sweetheart)

STEP PIVOT & SHUFFLE FORWARD, CHANGE PLACES, SHUFFLE IN PLACE

33-34 Step left forward, turn ½ right (weight to right)
35&36 Shuffle forward left, right, left
37-38 Cross right behind left, step left to side
Bring right hands over lady's head into Crossed Hand Skaters Position
39&40 Triple in place right, left, right

STEP TURN, TRIPLE STEP, (TO FACE EACH OTHER)

41-42 Step left forward, turn ¼ right (weight to right)
Bring both hands over lady's head, to end facing each other in cross hand hold, left hands on top
43&44 Triple in place left, right, left

CHANGE PLACES, TRIPLE STEP (MAN'S UNDER ARM TURN)

45-46 Turn ¼ left and step right forward, turn ¼ left and step left back
Raising left hands man turns under arms
47&48 Triple in place right, left, right
End facing each other in cross hand hold, right hands on top

INWARD TURN, TRIPLE STEP (MAN TURNS ¼ LEFT, LADY TURNS 1 ¼ RIGHT)

49-50 Step left forward, step right together
Take right hands then left hands over lady's head end in cross hand skaters facing original wall, left hands on top
51&52 Triple in place turning ¼ left and step left, right, left

MAN'S TURN, TRIPLE STEP, (MAN'S UNDER ARM TURN)

53-54 Turn ½ left and step right forward, turn ¼ left and step left back

Raising left hands man turns under arms

55&56 Triple in place right, left, right

End facing each other in cross hand hold right hands on top

TURN INTO SHADOW, SHUFFLE FORWARD, SIDE ROCK, SHUFFLE FORWARD

57-58 Rock left back, recover on right

59&60 Shuffle forward left, right, left

61&62 Shuffle forward right, left, right

63&64 Shuffle forward left, right, left

REPEAT

LADY'S STEPS

SIDE, TOGETHER, SHUFFLE FORWARD, TWICE ROCK SHUFFLE BACK, ROCK SHUFFLE FORWARD

1-2 Step left to side, slide/step right together

3&4 Shuffle forward left, right, left

5-6 Step right to side, slide/step left together

7&8 Shuffle forward right, left, right

9-10 Rock left forward, recover on right

11&12 Shuffle back left, right, left

13-14 Rock right back, recover on left

15&16 Shuffle forward right, left, right

TURKISH TOWEL SEQUENCE

17-18 Turn ¼ right and cross left over right, turn ¼ right and step right forward

Take left hands over lady's head, then over man's head on next section

19&20 Shuffle (curving to right, behind man) left, right, left

Lady is now on left side of man, man's right arm in hammerlock position

21-22 Rock right forward, recover on left

23&24 Side shuffle stepping right, left, right

Lady is now on right side of man, man's left arm in hammerlock

25-26 Rock left forward, recover on right

27&28 Side shuffle stepping left, right, left

Lady is now on left side of man, man's right arm in hammerlock

29-30 Turn ½ right and step right forward, turn ½ right and step left back

Releasing right hands lady turns across front of man

31&32 Side shuffle stepping right, left, right

Rejoin right hands in Side By Side Position (Sweetheart)

STEP PIVOT & SHUFFLE FORWARD, CHANGE PLACES, SHUFFLE IN PLACE

33-34 Step left forward, turn ½ right (weight to right)

35&36 Shuffle forward left, right, left

37-38 Step right to side, step left together

Bring right hands over lady's head into crossed hand Skaters Position

39&40 Side shuffle stepping right, left, right

STEP TURN, TRIPLE STEP, (TO FACE EACH OTHER)

41-42 Step left forward, turn ½ right (weight to right)

Bring both hands over lady's head, to end section facing each other in cross hand hold, left hands on top
43&44 Triple in place turning $\frac{1}{4}$ right and step left, right, left

CHANGE PLACES, TRIPLE STEP (MAN'S UNDER ARM TURN)

45-46 Turn $\frac{1}{4}$ right and step right forward, turn $\frac{1}{4}$ right and step left back

Raising left hands man turns under arms

47&48 Triple in place stepping right, left, right

End facing each other in cross hand hold right hands on top

INWARD TURN, TRIPLE STEP (MAN TURNS $\frac{1}{4}$ LEFT, LADY TURNS $1\frac{1}{4}$ RIGHT)

49-50 Turn $\frac{1}{4}$ right and cross left over right, turn $\frac{1}{4}$ right and step right to side

Take right hands then left hands over lady's head end in cross hand skaters facing original wall, left hands on top

51&52 Triple in place turning $\frac{3}{4}$ left and step left, right, left

MAN'S TURN, TRIPLE STEP, (MAN'S UNDER ARM TURN)

53-54 Step right in place, step left in place

Raising left hands man turns under arms

55&56 Triple in place stepping right, left, right

End facing each other in cross hand hold right hands on top

TURN INTO SHADOW, SHUFFLE FORWARD, SIDE ROCK, SHUFFLE FORWARD

57-58 Step left forward, turn $\frac{1}{2}$ right (weight to right)

59&60 Shuffle forward left, right, left

61&62 Shuffle forward right, left, right

63&64 Shuffle forward left, right, left

REPEAT
