

Lay The Blues On Me

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Irene May (WLS)
音樂: Daddy Laid the Blues On Me - Bobbie Cryner



RIGHT TOUCH, KICK, CROSS, UNWIND ½ LEFT, & BACK HOLD & FORWARD HOLD

1-2 Touch right toe to left instep, kick right forward
3-4 Cross right foot over left, unwind ½ turn left (weight ends on left)
&5-6 Jump back on right, jump back on left (parallel with right), clap
&7-8 Jump forward on right, jump forward on left (parallel with right) clap

RIGHT GRAPEVINE, KICK LEFT, LEFT GRAPEVINE, KICK RIGHT

9-10 Step right foot to side, step left behind right
11-12 Step right foot to side, kick left foot cross right
13-14 Step left foot to side, step right behind left
15-16 Step left foot to side, kick right foot forward

RIGHT CROSS BEHIND, UNWIND ½ RIGHT, BUMPS LEFT, RIGHT, LEFT SIDE CHASSE, ROCK STEPS

17-18 Cross right foot behind left, unwind ½ turn right
19-20 Bump hips left, right
21&22 Step left foot to side, step right beside left, step left foot to side
23-24 Rock back on right, rock forward on left

RIGHT SIDE CHASSE, ½ TURN LEFT SIDE CHASSE, ROCK STEP, RIGHT KICK BALL ¼ TURN LEFT

25&26 Step right to side, step left next to right, step right to side
27&28 Step onto left turning ½ turn left, step right next to left, step left foot to side
29-30 Rock back on right, rock forward onto left
31&32 Kick right forward, step on ball of right foot pivoting ¼ turn left, step slightly forward on left

REPEAT

TAG

To be danced following 4th wall once only

RIGHT SIDE CHASSE LEFT ROCK STEP, LEFT SIDE CHASSE, RIGHT ROCK STEP, HEEL TAP SYNCOPATIONS

1&2 Step right foot to side, step left foot next to right, step right foot to side
3-4 Rock back on left, rock forward on right
5&6 Step left foot to side, step right foot next to left, step left foot to side
7-8 Rock back on right, rock forward on left
9&10 Tap right heel forward, step right foot next to left, tap left heel forward
&11&12 Step left foot next to right, tap right heel forward, step right foot next to left, step left foot next to right