

# Lay Down Beside Me

**COPPER** **KNOB**  
BY STEPHENETS

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Shaz Walton (UK)  
音樂: Last Request - Paulo Nutini



## **SIDE, ROCK BACK, RECOVER, SEMI CIRCLE RUNNING STEPS LEFT, SIDE, ROCK, RECOVER, ¼ TURN LEFT, ½ TURN LEFT**

- 1-2&      Step right to right (make it large), rock back left, recover on right  
3&4      Make ½ turn left as you make small running steps left right left in the shape of a semi circle  
5-6&      Step right to right side, rock back left, recover right  
7-8      Step left ¼ turn left, make ½ turn left on ball of left stepping right beside left (weight ends on right)

## **STEP BACK SWAY, SWAY TWICE, SHUFFLE FORWARD, STEP, FULL TURN WITH CURTSEY, BALL, STEP**

- 1-2-3      Step back left as you sway back, sway forward, sway back, (nice & smooth, use those hips & shoulders)  
4&5      Step right forward, step left beside right, step right forward  
6-7      Step forward left (bend knees) make a full turn right still with knees bent & feet together, (straighten up)  
&8      Step right beside left, step left forward

## **STEP, HOLD, BALL, STEP ½ PIVOT TURN LEFT, STEP ¼ TURN LEFT, BEHIND ¼ TURN, STEP ¾ TURN RIGHT, STEP SIDE**

- 1-2      Step right forward, hold  
&3-4      Step left beside right, step right forward, pivot ½ turn left  
5-6&      Make ¼ turn left stepping right to right side, cross step left behind right, make ¼ turn right stepping right forward  
7&8      Step forward left, pivot ¾ turn right, step left to left side

## **SAILOR RIGHT, SAILOR LEFT, DIAGONAL BALL STEP, ½ PIVOT TURN LEFT TO BACK DIAGONAL, STEP FORWARD, ¼ RIGHT BACK, 1/8 RIGHT, TOUCH**

- 1&2      Cross right behind left, step left to left side, step right to right side  
3&4      Cross left behind right, step right to right side, step left to left side, keep these steps smooth & let your body sway in time with the beat  
&5      Make 1/8 turn into left diagonal front stepping right beside left, step left forward into corner  
6&      Step right forward, make ½ pivot turn left to face right diagonal back  
7&      Step right forward, step back left making ¼ turn right to face into left diagonal back  
8      Turn 1/8 turn to 9:00 wall touching right beside left

**Restart here on wall 2**

## **SIDE, ROCK, RECOVER, RUN ¾ TURN LEFT, SWEEP, CROSS, ROCK BACK, COASTER CROSS**

- 1-2&      Step right to right side, rock back left, recover right  
3&4      Run ¾ turn left stepping left right left finishing with left crossed over right, (make the running steps small, smooth & delicate)  
5      Sweep right foot around to front & cross step over left  
6      Rock back left, (use your hips)  
7&8      Step back right, step back left, cross right over left

## **DIAGONAL BACK, ROCK, RECOVER, LARGE SIDE, COASTER STEP, PREP, ¾ RAISED ARABESQUE, SIDE**

- 1-2&      Step left diagonal step back, rock back right, recover left

3-4&5 Step large step with right to right side, step back left, step back right, step forward left

6 Step forward right (prepare yourself!) Keep right knee bent

7 On ball of right make  $\frac{3}{4}$  turn right with left leg raised & bent at the knee

**An arabesque would usually be executed with a straight leg- the correct term being "attitude". If you are not comfortable with this- please do whatever you are comfortable with**

8 Step left to left side as you sway to left & prepare to start the dance again to the right

**REPEAT**

**RESTART**

**During 2nd wall, dance up to count 32 & start the dance again. You will be facing the 6:00 wall**

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