

# Lauren's Waltz (P)

COPPERKNOB  
BY STEPHEN HETS

拍數: 48      牆數: 0      級數: Partner  
編舞者: Robert Hocking (UK) & Lauren Parr  
音樂: You Ain't Heard Nothin' Yet - Joe Nichols



Position: Open Hand Hold, facing each other. Man facing OLOD. Opposite footwork throughout

## MAN'S STEPS

### CROSS TWINKLE, CROSS TWINKLE ¼ TURN, ½ TURN BASIC FORWARD

1-3                    Cross left over right, step right to right, step left beside right

#### Release man's right hand

4-6                    Cross right over left, step left to left turning ¼ turn to right, step forward on right

#### Release inside hands

7-9                    Step forward on left, pivot ½ right, step forward on left

#### Rejoin inside hands

10-12                 Basic waltz forward on right-left-right

## CROSSING TWINKLES TWICE

### Taking lady's right in man's left hand, and raising over lady's head

13-18                 Cross left over right (crossing behind lady), step right together, step left beside right, changing hands raise right over lady's head, cross right over left, (crossing behind lady), step left together, step right beside left

## ¾ TURN, CROSS ¼ TURN, ROCK, STEP TURN

#### Releasing hands

19-21                 Stepping left-right-left, making ¾ turn left

#### Facing OLOD, rejoin both hands

22-24                 Cross right over left, step left to left making ¼ turn to right (RLOD), (holding inside hands) step back on right

25-27                 Rock back on left, forward on right, step forward on left

28-30                 Step forward on right, pivot ½ turn left, step forward on right

#### Release inside hands, join right hands, right hands over lady's head lady facing RLOD

## FULL TURN (LADY ½ TURN), BASIC FORWARD

31-33                 Stepping left, right, left make full turn to left

#### Lowering hands in front, rejoining left, hands on top in position

34-36                 Basic forward on left-right-left

## CROSSING FULL TURN, STEP TURN, ½ TURN, BASIC

37-39                 Step left behind right (behind lady), right to right, step left in place

#### Both hands over lady's head

40-42                 Step right-left-right, making ¼ turn left (ILOD)

#### Release left hands, changing sides passing right shoulder to right shoulder right hands (over lady's head)

43-45                 Step forward right-left-right, making ½ turn to right (OLOD)

#### Rejoin hands in open hand hold

46-48                 Step left-right-left

## REPEAT

## LADY'S STEPS

### CROSS TWINKLE, CROSS TWINKLE ¼ TURN, ½ TURN BASIC FORWARD

1-3                    Cross right over left, step left to left, step right beside left

#### Release man's right hand

4-6 Cross left over right, step right to right making  $\frac{1}{4}$  turn to left, step forward on left

**Release inside hands**

7-9 Step forward on right, pivot  $\frac{1}{2}$  turn left, step forward on right

**Rejoin inside hands**

10-12 Basic waltz forward on left-right-left

**CROSSING TWINKLES TWICE**

**Taking lady's right in man's left hand, and raising over lady's head**

13-18 Cross right over left (passing in front of man), step left together, step right beside left, changing hands passing in front of man, cross left over right, step right beside left, step right beside left

**$\frac{3}{4}$  TURN, CROSS  $\frac{1}{4}$  TURN, ROCK, STEP TURN**

19-21 Stepping right-left-right, making  $\frac{3}{4}$  turn right facing (ILOD)

22-24 Cross left over right, step right to right making  $\frac{1}{4}$  turn to left, (RLOD)

25-27 Step back on left, rock back on right forward on left

28-30 Step forward on right, step forward on left, pivot  $\frac{1}{2}$  turn, step forward on left making  $\frac{1}{2}$  turn right

**Release inside hands, join right hands, right hands over lady's head lady facing RLOD**

**FULL TURN (LADY  $\frac{1}{2}$  TURN), BASIC FORWARD**

31-33 Step back on right making  $\frac{1}{2}$  turn to right, step forward left, step forward right

**Lowering hands in front, rejoining left, hands on top in position**

34-36 Basic forward on right-left-right

**CROSSING FULL TURN, STEP TURN,  $\frac{1}{2}$  TURN, BASIC**

37-39 Full turn to left crossing in front of man to his left side, stepping right, left, right

**Both hands over lady's head**

40-42 Turn  $\frac{3}{4}$  to left, stepping left, right, left (OLOD)

**Release left hands, changing sides passing right shoulder to right shoulder right hands (over lady's head)**

43-45 Step forward left-right-left, making  $\frac{1}{2}$  turn to left (ILOD)

**Rejoin hands in open hand hold**

46-48 Step right-left-right

**REPEAT**

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