

Latin, Spice, Baby!

拍數: 32 牆數: 4 級數: Improver
編舞者: Michael Lynn (UK)
音樂: Crickets Sing For Anamaria - Emma Bunton



RIGHT CHASSE, MAMBO LEFT FORWARD, MAMBO RIGHT BACKWARD, SHIMMY

1&2 Step right to right side, close left beside right, step right to right side
3&4 Rock forward left, transfer weight back to right foot, step left beside right
5&6 Rock backwards right, transfer weight back to left foot, step right beside left
7&8 Shimmy on spot

LEFT CHASSE, MAMBO RIGHT FORWARD, MAMBO LEFT BACKWARD, SHIMMY

1&2 Step left to left side, close right beside left, step left to left side
3&4 Rock forward right, transfer weight back to left foot, step right beside left
5&6 Rock backwards left, transfer weight back to right foot, step left beside right
7&8 Shimmy on spot

HEEL POINTS

1-2 Dig right heel forward, dig right heel to right side
3-4 Dig right heel forward, hitch right over left
5-6 Dig right heel forward, dig right heel to right side
7-8 Dig right heel forward, hitch right over left

GRAPEVINE RIGHT, STRUTTING JAZZ BOX

1-2 Step right to right side, cross left behind right
3-4 Step right to right side, step left beside right (weight on left)
5&6& Cross right toe over left, drop right heel, step back toe on left, drop left heel
7&8& Step right toe $\frac{1}{4}$ turn right, drop right heel, step left toe beside right, drop left heel (weight on left)

Counts 5-8 can be replaced with a standard jazz box

REPEAT
