

# Latin Heart

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Lisa Ferguson (UK)  
音樂: Here Is My Heart - Lionel Richie



## CROSS RIGHT (SHIMMY, POINT LEFT, CROSS RIGHT (SHIMMY, POINT LEFT, JAZZ BOX

1-2      Cross right over left (bend knees, point left (straighten up))  
**As you cross right over left put arms out to sides and shimmy**  
3-4      Cross left over right (bend knees, point right (straighten up))  
**As you cross left over right put arms out to sides and shimmy**  
5-6      Cross right over left, step back on left  
7-8      Step back on right, step left beside right

## CAT WALK RIGHT, LEFT, STEP, LOCK, STEP, ROCK, REPLACE, SHUFFLE ½ TURN LEFT

1-2      Step right forward across left, step left forward across right  
3&4      Step forward right, cross left behind right, step forward right  
5-6      Rock forward on left, replace weight onto right  
7&8      Make ½ turn shuffle over left shoulder stepping left, right, left

## FULL TURN, RIGHT STEP, LOCK, STEP, STEP LEFT ¼ PIVOT, CROSS, SIDE, BEHIND

1-2      Make full turn forward over left shoulder stepping left, right  
3&4      Step forward right, cross left behind right, step forward right  
5-6      Step forward left, ¼ pivot turn right  
7&8      Cross left over right, step right to right side, cross left behind

## STEP, SLIDE, STEP, SLIDE, BEHIND, REPLACE, TOE, HEEL, TOE, STEP RIGHT ¼ RIGHT

1-2      Step right to right side, slide left next to right  
3      Step left to left side sliding right towards left  
&4      Rock right behind left, replace weight onto left  
5-6      Touch right toe beside left, touch right heel beside left  
7-8      Touch right toe beside left (bend knees, step right ¼ turn right (straighten up))

## ROCK, REPLACE, SHUFFLE ½ TURN LEFT, JAZZ BOX

1-2      Rock forward on left, replace weight onto right  
3&4      Make ½ turn shuffle over left shoulder stepping left, right, left  
5-6      Cross right over left, step back on left  
7-8      Step back on right, step left beside right

## SNAKE ROLLS RIGHT, LEFT, 2 X PADDLE 1/8 TURNS LEFT, 2 X PADDLE ¼ TURNS LEFT

1-2      Roll body to right  
3-4      Roll body to left  
5&6&      Touch right out make two 1/8 turns left  
7&8      Touch right out make two ¼ turns left

**REPEAT**

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