Latin Flavor

級數: Intermediate



拍數: 64

編舞者: Mare Dodd (USA)

音樂: Viva la Fiesta - S Club 7

45 DEGREE RIGHT TOE-STRUTS MOVING FORWARD WITH HAND FLICKS

- 1-2 Touch right toe forward at 45 degree angle; step down on right
- 3-4 Touch left toe forward at 45 degree angle; step down on left

牆數: 4

- 5-6 Touch right toe forward at 45 degree angle; step down on right
- 7-8 Touch left toe forward at 45 degree angle; step down on left

Optional hand flicks: when touching forward on right, extend left arm forward & flick left wrist downward; when touch left foot forward, extend right arm forward & flick right wrist

ROCK RIGHT; RECOVER LEFT; RIGHT SIDE TRIPLE WITH WRIST FLICK, WALKS BACK USING HIPS:

- 1-2 Rock right to right side flick right wrist out to right side; recover on left (head turn to right optional also)
- 3&4 Triple right in place: stepping right-left-right
- 5-8 Bending slightly at knees & using hips, walk backwards left, right, left, right on last count turn to 45 degree angle left

45 DEGREE LEFT TOE-STRUTS MOVING FORWARD WITH HAND FLICKS

- 1-2 Touch left toe forward at 45 degree angle; step down on left
- 3-4 Touch right toe forward at 45 degree angle; step down on right
- 5-6 Touch left toe forward at 45 degree angle; step down on left
- 7-8 Touch right toe forward at 45 degree angle; step down on right

Optional hand flicks: when touching forward on right, extend left arm forward & flick left wrist downward; when touch left foot forward, extend right arm forward & flick right wrist

ROCK LEFT; RECOVER RIGHT; LEFT SIDE TRIPLE WITH WRIST FLICK, WALKS BACK USING HIPS

- 1-2 Rock left to left side flick left wrist out to left side; recover on left (head turn to left optional also)
- 3&4 Triple left in place: stepping left-right-left
- 5-9 Bending slightly at knees & using hips, walk backwards right, left, right, left on last count turn to face beginning wall

MOVING TO RIGHT SIDE: TOUCH RIGHT TOE FORWARD; STEP DOWN ON LEFT TOE; TOUCH RIGHT TOE BACK; STEP DOWN ON LEFT TOE; STEP RIGHT TOE FORWARD; STEP DOWN ON LEFT TOE; TOUCH RIGHT TOE BACK; STEP DOWN ON LEFT TOE; STEP-PIVOT ½ RIGHT; RIGHT FORWARD MAMBO

- 1& Touch right toe forward; step down on left toe as you bring it slightly closer to right heel
- 2& Touch right toe back; step down on left toe as you bring left foot over to right side slightly
- 3& Touch right toe forward; step down on left toe as you bring left foot over to right side slightly
- 4& Touch right toe back; step down on left toe as you bring left foot over to right side slightly (weight. Will be on left)
- 5-6 Step forward on right; pivot ½ left
- 7&8 Right mambo forward: step forward on right; recover on left; bring right together with left (weight. On right)

MOVING TO LEFT SIDE: TOUCH LEFT TOE FORWARD; STEP DOWN ON RIGHT TOE; TOUCH LEFT TOE BACK; STEP DOWN ON RIGHT TOE; STEP LEFT TOE FORWARD; STEP DOWN ON RIGHT TOE; TOUCH LEFT TOE BACK; STEP DOWN ON RIGHT TOE; STEP-PIVOT ¼ RIGHT; LEFT FORWARD MAMBO

- 2& Touch left toe back; step down on right toe as you bring right foot over to left side slightly
- 3& Touch left too forward; step down on right too as you bring right foot over to left side slightly
- 4& Touch left toe back; step down on right toe as you bring right foot over to left side slightly (weight. Will be on right)
- 5-7 Step forward on left; pivot ¼ right
- 7&8 Left mambo forward: step forward on left; recover on right; bring left together with right (weight on left)

SIDE RIGHT-TOGETHER LEFT TWICE; MODIFIED JAZZ SQUARE

- 1-2 Step right to right side; step left beside right (using Cuban hip motion)
- 3-4 Step right to right side; step left beside right (using Cuban hip motion)
- 5-6 Cross right over left; step back on left (head look to right)
- 7&8 Triple step right-left-right in place

SIDE LEFT - TOGETHER RIGHT TWICE; MODIFIED JAZZ SQUARE

- 1-2 Step left to left side; step right beside left (using Cuban hip motion)
- 3-4 Step left to left side; step right beside left (using Cuban hip motion)
- 5-6 Cross left over right; step back on right (head look to left)
- 7&8 Triple step left-right-left in place

REPEAT

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After 2nd wall

1-2 Moving forward: roll right knee in; roll right knee out as you step on right
3-4 Moving forward: roll left knee in, roll left knee out as you step on left
5-6 Repeat right knee
7-8 Repeat left knee
Or
5-8 Hip bumps right, left, right, left

ENDING

After 5th wall, there is only 24 counts of music left & you will be facing the 9:00 wall to begin 6th wall. If you want to end facing the 12:00 wall, do 8-count right struts at 45 angle. Then do your right rock-recover- triple right. As you begin walk backwards on left, turn ¼ right, hold for one count & stomp right, stomp left (with a little hip motion in the stomps).