

Latin Express

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Levi J. Hubbard (USA)
音樂: I've Got You - Marc Anthony



CROSS ROCK-RECOVER, TRIPLE STEP, CROSS ROCK-RECOVER, TRIPLE STEP

- 1 Cross step (rock) right in front of left foot, while slightly lifting left foot off floor
- 2 Lower left foot back to floor (recover)
- 3&4 Triple right stepping (right-left-right)
- 5 Cross step (rock) left in front of right foot, while slightly lifting right foot off floor
- 6 Lower right foot back to floor (recover)
- 7&8 Triple left stepping (left-right-left)

CROSS TOUCH, SIDE TOUCH, SAILOR STEP, CROSS TOUCH, SIDE TOUCH, ¼ SAILOR TURN (LEFT)

- 9 Cross touch right toe in front of left foot
- 10 Slide right toe around in a small circle touching out to side
- 11 Cross step right behind left foot
- & Step left slightly out to side
- 12 Step right slightly out to side
- 13 Cross touch left toe in front of right foot
- 14 Slide left toe around in small circle touching out to side
- 15 Turning ¼ turn left, cross step left behind right foot
- & Step right slightly out to side
- 16 Step left slightly out to side

STEP FORWARD, STEP TOGETHER, TRIPLE FORWARD, MAMBO FORWARD, MAMBO BACKWARD

- 17 Step right forward
- 18 Step left together
- 19&20 Triple step forward stepping (right-left-right)
- 21 Step (rock) left slightly forward, while lifting right foot off floor
- & Step right back to floor
- 22 Step left together
- 23 Step (rock) right slightly backward, while lifting left foot off floor
- & Step left back to floor
- 24 Step right together

HIP BUMPS, ½ TURN (RIGHT), HIP BUMPS, STEP-TOGETHER, SIDE TRIPLE (LEFT)

- 25 Bump left hip forward
- & Bring back to center
- 26 Bump left hip forward
- & Turn ½ turn left
- 27 Bump right hip forward
- & Bring back to center
- 28 Bump right hip forward
- 29 Step left to side
- 30 Step right together
- 31&32 Triple left stepping (left-right-left)

REPEAT