

The Last Time

拍數: 64 牆數: 4 級數: Improver
編舞者: Jan Brookfield (UK)
音樂: The Last Time - Easy-Rider



(STEP, TOUCH) TWICE, VINE, KICK

1-2 Step right to side, touch left next to right
3-4 Step left to side, touch right next to left
5-8 Step right to side, step left behind right, step right to side, low kick left forward

ROCK, STEP, PIVOT HALF TURN, VINE, TOUCH

10-11 Rock back on left, rock forward onto right
11-12 Step left forward, pivot half turn to right (weight now on right)
13-16 Step left to side, step right behind left, step left to side, touch right next to left

MODIFIED RUMBA BOX

17-20 Step right to side, close left to right, step forward on right, touch left next to right
21-24 Step left to side, close right to left, step forward on left, touch right next to left

PIVOT HALF TURN, FORWARD TOE STRUTS TWICE, BACK TOE STRUT WITH HALF TURN

25-26 Step right forward, pivot half turn over left shoulder (weight now on left)
27-30 Strut forward on right toes then heel, strut forward on left toes then heel
31-32 Making half turn over left shoulder, strut back on right toes then heel

ROCK BACK, DOUBLE KICK, HIP BUMPS

33-34 Step back on left, rock forward onto right
35-36 Low kick left forward twice
37-40 Step left to side, bumping hips left, right, left, right

MODIFIED JAZZ BOX, JAZZ BOX

41-42 Step left across in front of right, step back on right
43-44 Step left to side, scuff right heel forward
45-46 Step right across in front of left, step back on left
47-48 Step right to side, step left next to right

(STEP, LOCK, STEP, SCUFF) TWICE

49-50 Step right diagonally forward, lock left behind right
51-52 Step right diagonally forward, scuff left forward
53-54 Step left diagonally forward, lock right behind left
55-56 Step left diagonally forward, scuff right forward

HALF PIVOT, QUARTER PIVOT, STEP, TOGETHER, HEEL BOUNCES

57-58 Step right forward, pivot half turn over left shoulder (weight now on left)
59-60 Step right forward, pivot quarter turn over left shoulder (weight now on left)
61-62 Step right forward, step left next to right
63-64 Keeping weight on toes, bounce heels twice

REPEAT
