

The Last Time

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Improver
編舞者: Jan Brookfield (UK)
音樂: The Last Time - Easy-Rider



(STEP, TOUCH) TWICE, VINE, KICK

- 1-2 Step right to side, touch left next to right
- 3-4 Step left to side, touch right next to left
- 5-8 Step right to side, step left behind right, step right to side, low kick left forward

ROCK, STEP, PIVOT HALF TURN, VINE, TOUCH

- 10-11 Rock back on left, rock forward onto right
- 11-12 Step left forward, pivot half turn to right (weight now on right)
- 13-16 Step left to side, step right behind left, step left to side, touch right next to left

MODIFIED RUMBA BOX

- 17-20 Step right to side, close left to right, step forward on right, touch left next to right
- 21-24 Step left to side, close right to left, step forward on left, touch right next to left

PIVOT HALF TURN, FORWARD TOE STRUTS TWICE, BACK TOE STRUT WITH HALF TURN

- 25-26 Step right forward, pivot half turn over left shoulder (weight now on left)
- 27-30 Strut forward on right toes then heel, strut forward on left toes then heel
- 31-32 Making half turn over left shoulder, strut back on right toes then heel

ROCK BACK, DOUBLE KICK, HIP BUMPS

- 33-34 Step back on left, rock forward onto right
- 35-36 Low kick left forward twice
- 37-40 Step left to side, bumping hips left, right, left, right

MODIFIED JAZZ BOX, JAZZ BOX

- 41-42 Step left across in front of right, step back on right
- 43-44 Step left to side, scuff right heel forward
- 45-46 Step right across in front of left, step back on left
- 47-48 Step right to side, step left next to right

(STEP, LOCK, STEP, SCUFF) TWICE

- 49-50 Step right diagonally forward, lock left behind right
- 51-52 Step right diagonally forward, scuff left forward
- 53-54 Step left diagonally forward, lock right behind left
- 55-56 Step left diagonally forward, scuff right forward

HALF PIVOT, QUARTER PIVOT, STEP, TOGETHER, HEEL BOUNCES

- 57-58 Step right forward, pivot half turn over left shoulder (weight now on left)
- 59-60 Step right forward, pivot quarter turn over left shoulder (weight now on left)
- 61-62 Step right forward, step left next to right
- 63-64 Keeping weight on toes, bounce heels twice

REPEAT