

The Last Ride!

拍數: 48 牆數: 2 級數: Improver waltz
編舞者: Ingemar Kardeskog (SWE)
音樂: Cowboy's Last Ride - Foster Martin Band



FORWARD TWINKLE, FORWARD TWINKLE

- 1-2-3 Step left diagonally forward to the right (1:30), step right to side, step left diagonally forward to the left (10:30)
4-5-6 Step right diagonally forward to the left (10:30), step left to side, step right diagonally forward to the right (1:30)

FORWARD, ½ TURN, HOLD, CROSS LUNGE, HOLD, ROCK

- 1-2-3 Step left forward, turn ½ right stepping onto right, hold
4-5-6 Cross left over right lunge forward, hold, recover onto right

FULL TURN, STEP, FORWARD, ½ TURN, POINT

- 1-2-3 Step left forward turning ½ to the left, step right back turning ½ to left, step left forward
Easier option: step left forward, step right beside left, step left forward
4-5-6 Step right forward, turn ½ right stepping left back, point right to the right side

FORWARD, HOLD, FULL UNWIND WITH RONDE, BACK TWINKLE

- 1-2-3 Step right forward, hold, unwind full turn left sweeping left from right to left
Easier option: step right forward, hold, hold
4-5-6 Step left diagonally back to the right (4:30), step right back to right side, step left diagonally back to the left (7:30)

BEHIND, SIDE, TOUCH, SIDE, DRAG, TOUCH

- 1-2-3 Step right behind left, step left to left side, touch right beside left
4-5-6 Right long step to right side, drag left towards right, touch left beside right

FORWARD, ½ PIVOT, SIDE, FORWARD LUNGE, HOLD, ROCK

- 1-2-3 Step left forward, turn ½ left stepping right back, step left to left side
4-5-6 Step right in front of left lunging forward, hold, recover onto left

BACK, POINT, HOLD, FORWARD, POINT, HOLD

- 1-2-3 Step right back, point left to left side, hold
4-5-6 Step left forward, point right to right side, hold

CROSS, ½ TURN, SIDE, ½ TURN, SIDE, HOLD

- 1-2-3 Step right across left, turn ½ right stepping left back, step right to right side
4-5-6 Turn ½ left stepping left forward, step right to right side, hold

REPEAT
