

Last Man Standing

COPPER KNOB
BY STEPHENETS

拍數: 62 牆數: 4 級數:
編舞者: Mark A. Smith (AUS)
音樂: Last Man Standing - Adam Brand



RIGHT FORWARD TOUCH, RIGHT SIDE TOUCH, ½ TURN RIGHT TOE/HEEL/ LEFT SHUFFLE, ROCK BACK, ROCK FORWARD. REPEAT ALL STEPS

- 1-2 Touch the right toe to front, touch the right toe to right
- 3-4 Turn a ½ turn right on ball of left foot stepping onto toe of right foot, drop right heel
- 5&6 Shuffle left (left, right, left)
- 7-8 Rock back onto right foot, rock forward onto left foot
- 9-16 Repeat steps 1-8

¼ TURN LEFT RIGHT TOE/HEEL, ROCK BACK, ROCK FORWARD, ½ TURN RIGHT LEFT TOE/HEEL ROCK BACK, ROCK FORWARD

- 17-20 Turn a ¼ turn left stepping back onto right toe, drop right heel, rock back onto left foot, rock forward onto right foot
- 21-24 Turn a ½ turn right stepping back onto left toe, drop left heel to floor, rock back onto right foot, rock forward onto left foot

4 X DOROTHY STEPS, SCUFF RIGHT FOOT FORWARD

- 25-26 Step forward at a 45 degrees angle right onto right foot, step left foot across behind right foot
- &27-28 Ball change (right/left) step right foot down and step left foot forward at 45 degrees left, step right foot across behind left
- &29-30 Ball change (left/right) step left foot down and step forward onto right foot at a 45 degrees angle right, step left foot across behind right
- &31-32 Ball change (right/left) step right foot down and step forward onto left foot at a 45 degrees angle left, scuff right foot forward

STEP FORWARD RIGHT, ½ TURN LEFT, SCUFF HITCH STEP 3 TIMES (RIGHT LEFT, RIGHT)

- 33-34 Step forward onto ball of right foot, pivot a ½ turn left onto right foot
- 35&36 Scuff right foot forward and hitch right knee, step down on right foot
- 37&38 Scuff left foot forward and hitch left knee, step down on left foot
- 39&40 Scuff right foot forward and hitch right knee, step down onto right foot

STEP FORWARD LEFT, ½ TURN RIGHT, SCUFF LEFT FORWARD, BACK, ROCK FORWARD BACK, COASTER

- 41-42 Step forward onto ball of left foot, pivot a ½ turn right onto right foot
- 43-44 Scuff left foot forward, scuff left foot back
- 45-46 Rock forward onto left foot, rock back onto right foot
- 47&48 Coaster step (step back onto left foot, step right foot beside left, step forward onto left)

SCUFF RIGHT FORWARD, BACK, ROCK FORWARD, BACK, COASTER STEP

- 49-50 Scuff the right foot forward, scuff the right foot back
- 51-52 Rock forward onto right foot, rock back onto left foot
- 53&54 Coaster step (step back onto right foot, step left foot beside right, step forward right)

45 DEGREES ANGLE RIGHT BACKWARD SYNC CROSS STEPS, FORWARD WALK

- &55 Step left foot across in front of right, step right foot back at a 45 degrees angle right
- &56&57&58 Repeat steps &55 three more times
- 59-62 Walk forward leading right (left, right, left, right)

REPEAT

To make the dance fit the phrasing of the song, start the dance again at step # 1 after completing step # 48 of the second sequence
