

Last Cigarette

拍數: 32 牆數: 2 級數: Improver social cha
編舞者: John Wilson (UK)
音樂: I'm Down to My Last Cigarette - k.d. lang



HEEL SWIVELS, KICK BALL CHANGE, STEP HOLD, HINGE ½ TURN LEFT CHASSE

1-2 On ball of feet swivel heels to left, swivel heels to center
3&4 Kick right foot forward, step right in place, step left in place
5-6 Step ball of right foot out to right side, hold
&7&8 On ball of right foot hinge ½ turn right, step left to left side, close right beside left, step left to left side

ROCK RECOVER, ¼ TURN CHASSE, PIVOT ½ TURN, FORWARD SHUFFLE

9-10 Rock back on right foot, recover weight on left
11&12 Step out on right foot making ¼ turn left, close left beside right, step right to side
13-14 Step forward on left, pivot ½ turn right
15&16 Step forward on left, close right behind left., step forward on left

HEEL HOOK, SHUFFLE ½ TURN, HEEL HOOK, FORWARD SHUFFLE

17-18 Touch right heel to front, hook right heel in front of left, knee
19&20 Step forward on right, close left behind right, . Step out on right foot as you pivot and turn your body ½ turn left
21-22 Touch left heel to front, hook left heel in front of right knee
23&24 Step forward on left, close right behind, step forward on left

STUB STEP, COASTER TURN, STEP TOUCH, HEEL AND STOMP

25-26 Touch ball of right foot diagonally in front of left at the same, swivel right heel to left, swivel right heel to right

Steps 25-26 are performed like stubbing out a cigarette

27&28 Make ¼ turn right stepping back on right, step left beside right, step forward on right
29-30 Step out left diagonally on left foot, touch right toe behind
&31&32 Step back on right, touch left heel diagonally in front, step left beside right, stomp right beside left

REPEAT
