

Las Secretarias Cha-Cha

COPPER KNOB
BY SHEETS

拍數: 64 牆數: 2 級數: Improver
編舞者: Edwin Cheow (MY)
音樂: Cha-cha-cha De Las Secretarias (feat. Josefina) - Humo



SIDE ROCK LEFT, ¼ TURN RIGHT, FORWARD SHUFFLE LEFT-RIGHT-LEFT, ¼ TURN LEFT, SIDE ROCK RIGHT, ¼ TURN LEFT, FORWARD SHUFFLE RIGHT-LEFT-RIGHT

1-2 Step left to left side, recover ¼ turn right
3&4 Forward shuffle on left-right-left
5-6 ¼ turn left, step right to right side, recover ¼ turn left
7&8 Shuffle forward on right-left-right

¼ TURN RIGHT, VINE LEFT, SCUFF, ¼ TURN RIGHT, ROCK FORWARD RIGHT, ½ TURN SHUFFLE FORWARD

1-2 ¼ turn right and step left to left, step right behind left
3-4 Step left to left, scuff right ¼ turn left
5-6 Step right forward and recover
7&8 ½ turn right, forward shuffle right-left-right

CIRCLE HIPS LEFT TWICE, FORWARD SHUFFLE LEFT-RIGHT-LEFT, SIDE ROCK RIGHT

1-4 Circle hips to the left twice
5&6 Forward shuffle left-right-left
7-8 Rock right to right, recover on left

CIRCLE HIPS RIGHT TWICE, FORWARD SHUFFLE RIGHT-LEFT-RIGHT, SIDE ROCK LEFT

1-4 Circle hips to the right twice
5&6 Forward shuffle right-left-right
7-8 Rock left to left, recover on right

PIVOT ½ TURN RIGHT, FORWARD SHUFFLE LEFT-RIGHT-LEFT, PIVOT ½ TURN LEFT, FORWARD SHUFFLE

1-2 Step left forward, ½ turn right
3&4 Shuffle forward left-right-left
5-6 Step right forward, ½ turn left
7&8 Shuffle forward right-left-right

SIDE ROCK LEFT, CROSS SHUFFLE, SIDE ROCK RIGHT, CROSS SHUFFLE

1-2 Rock left to left, recover
3&4 Cross left over right, step right behind left, cross left over right
5-6 Rock right to right, recover
7&8 Cross right over left, step left behind right, cross left over right

FORWARD ROCK, COASTER STEP BACKWARD LEFT, FORWARD ROCK, SAILOR STEP ¼ TURN RIGHT

1-2 Step left forward, recover
3&4 Step left behind, step right together with left, step left forward
5-6 Step right forward, recover
7&8 Step right behind left, step left in place with ¼ turn right, step right beside left

STEP LEFT SIDE, RIGHT TOGETHER, SHUFFLE FORWARD LEFT-RIGHT-LEFT, STEP RIGHT SIDE, LEFT TOGETHER, SHUFFLE BACKWARD RIGHT-LEFT-RIGHT

1-2 Step left to left, step right together

3&4 Shuffle forward on left-right-left
5-6 Step right to right, step left together
7&8 Shuffle backward on right-left-right repeat

REPEAT
