

Las Ketchup

拍數: 40 牆數: 2 級數: Improver
編舞者: Minna Liljamo (FIN)
音樂: Aserejé (The Ketchup Song) - Las Ketchup



RUMBA BOX

1-4 Step left side, step right beside left, step left forward, hold (left-right-left)
5-8 Step right side, step left beside right, step right back, hold (right-left-right)

WEAVES WITH KICKS

1-4 Step left side, step right across left, step left side, kick right diagonally right (left-right-left-right)
5-8 Step right side, step left across right, turn ¼ left and step right back, kick left forward (right-left-right-left)

COASTER STEP, SHUFFLE

1-4 Step left back, step right beside left, step left forward, hold (left-right-left)
5-8 Step right forward, lock left behind right, step right forw., hold (right-left-right)

ROCK STEP, ½ TURN, PIVOT TURN, STEP FORWARD

1-4 Rock left forward, recover weight on right, turn ½ left and step left forward, hold (left-right-left)
5-8 Step right forward, pivot ½ turn left, step right forward, hold (right-left-right)

ROCK FORWARD, ROCK BACK, ½ PIVOT TURN, ¼ PIVOT TURN

1-2 Rock left forward, recover weight on right (left-right)
3-4 Rock left back, recover weight on right (left-right)
5-6 Step left forward, pivot ½ turn right (left-right)
7-8 Step left forward, pivot ¼ turn right (left-right)

REPEAT
