

# Lana

拍數: 48      牆數: 2      級數: Improver  
編舞者: Millie Scheel  
音樂: Lana - Roy Orbison



This dance is dedicated to Dr. Bill Leschey, as he and myself are #1 fans of this great artist

## RIGHT FORWARD & BACK (2X), LEFT FORWARD & BACK (2X)

1-4            Right foot at an angle forward & back, directing arms forward & back (2 times)  
5-8            Left foot at an angle forward & back, directing arms front forward & back (2 times)

## STEP BACK RIGHT-LEFT-RIGHT-LEFT, TWIST RIGHT HEEL, TWIST LEFT HEEL

1-4            Step back with an attitude right-left-right-left  
5-6            Twist right heel to right & back  
7-8            Twist left heel to left & back

## VINE LEFT, VINE RIGHT

1-4            Vine to the right scuff  
5-8            Vine to the left scuff

## POINT RIGHT, CENTER, POINT LEFT, CENTER

1-2            Point to right side, back to center  
3-4            Point to left side, back to center  
5-6            Twist left heel to left & back  
7-8            Twist right heel to right & back

## STEP LOCK RIGHT, STEP LOCK LEFT

1-4            Step right lock step & scuff  
5-8            Step left lock step & scuff

## PIVOT ¼ TURN LEFT (2X)

1-4            Pivot ¼ turn to left - ¼ turn to left  
5-8            Bump hips right-left-right-left

## REPEAT

## TAG

On 4th wall only, add 4 more hip bumps right-left-right-left

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