

Lamtarra Rhumba

拍數: 56 牆數: 4 級數: Intermediate
編舞者: Tony Chapman (UK)
音樂: Cowboy Mambo - Tom Russell



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|-------|---|
| 1-4 | Left foot step to left; right foot slide to left; left foot step forward; hold |
| 5-8 | Right foot step to right; left foot slide to right; right foot step back; hold |
| 9-12 | Small step to left with left & hip bump; hip bump to right; then left; hold |
| 13-16 | Small step to right with right & hip bump; hip bump to left; then right; hold |
| 17-20 | Step forward left on two beats; step forward right on two beats |
| 21-22 | Cross left over right & rock forward then rock back on right |
| 23-24 | Step back on left & hold |
| 25-28 | Step forward right on two beats; step forward left on two beats |
| 29-30 | Cross right over left & rock forward then rock back on left |
| 31-32 | Step back on right; hold |
| 33-36 | Step left to left; close right to left; step left to left; hold |
| 37-40 | Step right back & behind left; rock onto left; step right to right; hold |
| 41-48 | Step left behind right; right step to right; left cross in front of right; right step to right; left cross behind right; right step to right; left cross in front of right; pivot on left ¼ turn left |
| 49-52 | Step right foot forward on two beats; step left foot forward on two beats |
| 53-56 | Right foot step forward into ¼ turn left; left foot step to right; right foot step ¼ turn right into LOD on two beats |

REPEAT
