

# Lady Soul

拍數: 48      牆數: 4      級數: Beginner  
編舞者: Shirley Sharp (USA)  
音樂: Lady Soul - The Temptations



## ROCK STEP, CHA-CHA-CHA, ROCK STEP, CHA-CHA-CHA

1-2      Rock back on right foot, rock forward on left foot  
3&4      Cha-cha-cha in place (right, left, right)  
5-6      Rock forward on left foot, rock back on right foot  
7&8      Cha-cha-cha in place (left, right, left)

## ROCK STEP, CHA-CHA-CHA, ½ PIVOT TURN, CHA-CHA

1-2      Rock back on right foot, rock forward on left foot  
3&4      Cha-cha-cha in place (right, left, right)  
5-6      Step forward on left foot, pivot ½ turn to right  
7&8      Cha-cha-cha in place (left, right, left)

## ½ PIVOT TURN, CHA-CHA, TOUCH, SLIDE

1-2      Step forward on right foot, pivot ½ turn to left  
3&4      Cha-cha-cha in place (right, left, right)  
5-8      Touch left foot to left side, slide left toe to right foot

## ROCK STEP, CHA-CHA-CHA, PIVOT ½, CHA-CHA-CHA ½ TURN

1-2      Rock back on right foot, rock forward on left foot  
3&4      Cha-cha-cha in place (right, left, right)  
5-6      Step forward on left foot, pivot ½ turn to right  
7&8      Cha-cha-cha in place (left, right, left) while turning ½ turn to right

## ROCK STEP, CROSS, POINT, CROSS, HOLD, JUMP, CROSS, HOLD

1-2      Rock back on right foot, rock forward on left foot  
3-4      Cross right foot over left, point left with left foot  
5-6      Cross left foot behind right, hold  
7&8      Small jump to right side on right, cross left foot over right, hold

## FOUR STEP TOUCHES WITH TURNS

1-2      Turn ¼ turn right, stepping on right foot, touch left & clap  
3-4      Turn ½ turn left, stepping on left foot, touch right & clap  
5-6      Turn ½ turn right, stepping on right foot, touch left & clap  
7-8      Turn ½ turn left, stepping on left foot, touch right & clap

**REPEAT**

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