

Lady Marmalade

COPPER KNOB
STEPSHEETS

拍數: 84 牆數: 1 級數: Intermediate/Advanced
編舞者: Ian Dunn (AUS)
音樂: Lady Marmalade - Christina Aguilera, Pink, Mya And Lil' Kim



JAZZ BOX, WALK RIGHT, LEFT, ROCK, RETURN, ¼, ¼, ½

1-2&3-4 Cross left over right, right back, left back, right forward, left forward
5-6 Rock step right forward, return on left turning ¼ right
7-8 Turning a further ¼ right step forward on right, touch left forward turning ½ right

FORWARD, TAP, BACK, FORWARD, TAP, KICK, CROSS, TOUCH ¼, TOUCH ½

1-2&3-4 Step forward on left, touch right beside left, right back. Left forward, touch right beside left
5-6&7 Kick right 45 right, cross right over left, turning ¼ right step left back on toe, right in place
&8& Touch left toe forward pivot ½ right, right in place, forward on left

WALK RIGHT, LEFT, RIGHT, TWIST, TWIST, LEFT, RIGHT, LEFT, TWIST, TWIST. ***

1-2 Walk right forward feet apart (right toe 45 right), left forward (twist feet pointing toes 45 left)
3&4 Right forward (twist feet pointing toes 45 right), twist heels right, left
5-6 Walk left forward feet apart (left toe 45 right), right forward (twist feet pointing toes 45 right)
7&8 Left forward (twist feet pointing toes 45 left), twist heels left, right

STEP RIGHT, SCUFF LEFT, LEFT, SCUFF RIGHT, TOE, ROTATE, TAP

1-2 Step right forward to right 45, scuff left beside right step
3-4 Left forward 45, scuff right beside left step right forward 45 onto right toe
5-8 Rotate right knee hips and palms waist height to the right twice, (2 beats each) weight to left and tap right toe beside left on beat 8

TOUCH RIGHT, LEFT, ROCK BACK, FORWARD, SCUFF HITCH, HEEL, ½, COASTER

1& Touch right toe to right, step right to center touching left toe to left
2& Left back placing left heel forward, step right center
3&4 Left forward, scuff hitch right, right heel forward
5-6-7&8 ½ left weight on right, hold, left back, right back, left forward

TOUCH RIGHT, LEFT, ROCK BACK, FORWARD, SCUFF HITCH, HEEL, ½, COASTER

1& Touch right toe to right, step right to center touching left toe to left
2& Left back placing right heel forward, step right center
3&4- Left forward, scuff hitch right, right heel forward
5-6-7&8 ½ left weight on right, hold, left back, right back, left forward

TOUCH RIGHT, LEFT, ROCK BACK, FORWARD, SCUFF HITCH, HEEL, ½, COASTER

1& Touch right toe to right, step right to center touching left toe to left
2& Left back placing left heel forward, step right center
3&4 Left forward, scuff hitch right, right heel forward
5-6-7&8 ½ left weight on right, hold, left back, right back, left forward

SKATE RIGHT, SKATE LEFT, VINE RIGHT, ¼, ½

1-2 Skate forward 45 right to right, close left beside right
3-4 Skate forward 45 left to left, close right beside left
5-6 Right to right, left behind right
7-8 Right to right turning ¼ right, step left forward pivoting ½ right

FULL TURN, TAP

1-4 Step forward left, full turn left stepping forward left, right, left

TOUCH RIGHT, LEFT, ROCK BACK, FORWARD, SCUFF HITCH, HEEL, ½, COASTER

1& Touch right toe to right, step right to center touching left toe to left

2& Left back placing left heel forward, step right center

3&4 Left forward, scuff hitch right, right heel forward

5-6-7&8 ½ left weight on right, hold, left back, right back, left forward

TOUCH RIGHT, LEFT, ROCK BACK, FORWARD, SCUFF HITCH, HEEL, ½, COASTER

1& Touch right toe to right, step right to center touching left toe to left

2& Left back placing left heel forward, step right center

3&4 Left forward, scuff hitch right, right heel forward

5-6-7&8 ½ left weight on right, hold, left back, right back, left forward

& Step forward on right (to be able to restart on correct foot)

REPEAT

After wall 1, omit 8 beats (17 to 24) for the rest of the dance
