

# Ladies Man

拍數: 32      牆數: 4      級數: Improver  
編舞者: Stephen Sunter (UK)  
音樂: Ladies Man - Liberty Free



Count all of the listed songs at half speed ("cut time")

## POINT RIGHT TOE FORWARD, SIDE, SLAP HEEL, POINT RIGHT TO SIDE, STEP RIGHT IN PLACE

1-2      Point right toe forward, point right toe to right side  
3&      Lift right behind left and slap right heel with left hand, point right toe to right side  
4      Step right next to left

## POINT LEFT TOE FORWARD, SIDE, SLAP HEEL, POINT LEFT TO SIDE, STEP LEFT IN PLACE

5-6      Point left toe forward, point left toe to left side  
7&      Lift left behind right and slap left heel with right hand, point left toe to left side  
8      Step left next to right

## STEP ¼ TURN RIGHT, PIVOT ½ TURN RIGHT, RIGHT COASTER STEP

9-10      Step right making a ¼ turn, pivot ½ turn right on ball of right foot stepping weight onto left  
11&12      Step back on right, step left next to right, step forward on right

## LEFT SHUFFLE, ROCK FORWARD & BACK, COASTER STEP, ½ PIVOT RIGHT

13&14      Shuffle forward left, right, left  
15-16      Rock forward on right, replace weight to left  
17&18      Step back on right, step left next to right, step forward on right  
19-20      Step forward left, pivot ½ turn right

## HIP BUMPS RIGHT, LEFT, RIGHT, LEFT

21&22      Step forward left and bump hips left, right, left  
23&24      Step forward right and bump hips right, left, right  
25&26      Step forward left and bump hips left, right, left  
27&28      Step forward right and bump hips right, left, right

## ROCK FORWARD & BACK, CHA-CHA ½ TURN LEFT

29-30      Rock forward on left, replace weight to right  
31&32      Make ½ turn left stepping left, right, left

REPEAT

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