

Ladies Choice

COPPER KNOB
STEPSHEETS

拍數: 72 牆數: 2 級數: Improver
編舞者: Terri Alexander (USA)
音樂: Ladies' Choice - Zac Efron



WALK FORWARD RIGHT, LEFT, KICK BALL CROSS, TURN ¼ LEFT, SIDE STEP LEFT, CROSS BACK SIDE

1-2 Step left forward, step right forward
3&4 Kick ball cross right
5-6 Turn ¼ left and step right back, step left to side
7&8 Cross right over left, step left back, step right to side (9:00)

STEP LEFT FORWARD, ½ RIGHT, LEFT SHUFFLE, TURN ½ RIGHT, ¼ RIGHT, RIGHT KICK BALL CROSS

1-2 Step left forward, turn ½ right (weight to right)
3&4 Step left forward, step right together, step left forward
5-6 Turn ½ left and step right back, turn ¼ left and step left to side
7&8 Kick ball cross right (6:00)

HIP BUMPS RIGHT, ¼ HIP BUMPS LEFT, STEP HIP BUMPS RIGHT, ½ HIP BUMPS LEFT

1&2 Bump hips right, bump hips left, bump hips right
3&4 Turn ¼ left and bump hips left, bump hips right, bump hips left
5&6 Step right forward and bump hips right, bump hips left, bump hips right
7&8 Turn ½ left and bump hips left, bump hips right, bump hips left (9:00)

WALK FORWARD RIGHT/LEFT, HEEL JACK RIGHT & LEFT, BALL STEP BRUSH HITCH, COASTER

1-2 Step left forward, step right forward
3&4& Touch right heel forward, step right together, touch left heel forward, step left together
5&6 Step right forward, brush left forward, hitch left knee
7&8 Step left back, step right together, step left forward

TURN ½, STEP, ¼, STEP, RIGHT STEP LOCK STEP, ½ TURN LEFT STEP LOCK STEP

1-2 Turn ½ right (weight to right), step left forward
3-4 Turn ¼ right (weight to right), step left forward
5&6 Step right forward, lock left behind right, step right forward
&7&8 Turn ½ left (weight to right), step left forward, lock right behind left, step left forward (12:00)

STEP RIGHT, WEAVE, HEEL BALL CROSS, LEFT SIDE MAMBO TOUCH

1 Step right to side
2&3&4 Cross left behind right, step right to side, cross left over right, step right to side, cross left behind right
&5&6 Step right to side, touch left heel diagonally forward, step left together, cross right over left
7&8 Rock left to side, recover to right, touch left together

STEP LEFT, WEAVE, HEEL BALL CROSS, RIGHT SIDE MAMBO TOUCH

1-8 Repeat counts 41-48 with a left foot lead

STEP, PIVOT ½, ROCK, RECOVER, COASTER STEP CROSS POINT FLICK

1-2 Step right forward, turn ½ left (weight to left)
3-4 Rock right forward, recover to left
5&6 Step right back, step left together, step right forward
&7-8 Cross left over right, touch right to side, flick right back

STEP, PIVOT $\frac{1}{2}$, ROCK, RECOVER, COASTER STEP CROSS POINT FLICK

1-8 Turn $\frac{1}{4}$ left and repeat previous 8 counts (6:00)

Turn $\frac{1}{4}$ left to begin the dance again

REPEAT

RESTART

On the third rotation of dance, dance counts 1-32. Turn $\frac{1}{4}$ right (to face 12:00 wall). Restart from beginning.
