# Lace Across Cha (P)



編舞者: Pete Ostrander (USA) & Mel Ostrander (USA)

音樂: Commitment - LeAnn Rimes



Position: Start in closed position line of dance

#### MAN

## ROCK RECOVER, CHA, ROCK RECOVER CHA

1-4 Rock to left on left, recover on right, cha in place 5-8 Rock to right on right, recover on left, cha in place

#### ROCK FORWARD CHA, ROCK SIDE CHA

9-12 Rock forward on left, recover on right cha in place raising left hand up drop right hand 10-16 Rock side on right, recover on left, cha in place moving slightly to left. Place right hand

behind so woman can take right dropping left hand hold.

#### WALK WALK CHA, CROSS SIDE CROSS SIDE CROSS

Taking small steps walk forward left, right, cha in place turning ¼ turn right. Raising right hand twirl lady to the right 1 & ¼ turns coming to butterfly position( hands joined arms out to

sides)

21-24 Cross right over left, step side left, cha (cross right over left, step side left, cross right over

left)

## LACE ACROSS CHA, LACE ACROSS CHA

25-28 Raise left hand drop right hand walk behind lady to ladies right side(outside circle) left, right,

cha forward, left, right, left

29-32 Walk forward right, left, cha in place drop left hand pick up ladies left with your right, twirl lady

to the left ½ turns to end in closed position LOD

## **VARIATION TO DO DANCE AS A MIXER**

29-32 Walk forward turning ½ to the right, left, take left hand of girl behind you cha in place turning

½ to the right with new partner twirling lady ½ to the left to closed position LOD

# **REPEAT**

#### **WOMAN**

#### ROCK RECOVER, CHA, ROCK RECOVER, CHA

1-4 Rock to right on right, recover on left, cha in place 5-8 Rock to left on left, recover on right, cha in place

## ROCK BACK CHA, VINE LEFT CHA

9-12 Rock back on right, recover stepping forward on left, cha forward. Raising right hand lady

goes under raised hands.

10-16 Step out to left on left, step behind left on right, cha in place drop right hand hold, pick up

mans right with left.

## TURN TWO CHA, CROSS SIDE, CROSS SIDE CROSS

17-20 Stepping back on right begin 1 & ¼ turn to the right, step forward on left completing turn, cha

in place coming to butterfly position

21-24 Cross left over right, step side right, cha (cross left over right, step side right, cross left over

right)

# LACE ACROSS CHA, LACE ACROSS ½ TURN CHA

25-28 Raise right hand drop left hand walk in front of man to mans left (inside circle), right, left cha

forward right, left, right.

29-32 Walk forward left, right, cha in place drop left hand raise right hand twirl under raised hands

½ turn to the left to come to closed position LOD

# VARIATION TO DO DANCE AS A MIXER

29-32 Walk forward left, right, reach left hand to man in front raise hands cha in place twirling ½ to

the left, right, left to closed position LOD

# **REPEAT**