

# La What?

拍數: 32      牆數: 2      級數: Improver  
編舞者: Jan Wyllie (AUS)  
音樂: La Mucara - The Mavericks



---

## SIDE STEP LEFT, RIGHT TOGETHER, SHUFFLE FORWARD, ROCK RIGHT, LEFT STEP ACROSS, ROCK LEFT, RIGHT STEP BEHIND

1-2            Step left to left, step right beside left  
3&4            Shuffle forward left, right, left  
5&6            Rock/step right to right, rock/return weight to left, step right behind left (moving back)  
7&8            Rock/step left to left, rock/return weight to right, step left behind right (moving back)

## SIDE STEP RIGHT, LEFT TOGETHER, SHUFFLE FORWARD, ROCK RIGHT, LEFT STEP ACROSS, ROCK LEFT, RIGHT STEP ACROSS

9-10           Step right to right, step left beside right  
11&12          Shuffle forward right, left, right  
13&14          Rock/step left to left, rock/return weight to right, step left across right (moving forward)  
15&16          Rock/step right to right, rock/return weight to left, step right across left (moving forward)

## ROCK ¼ LEFT BACK BACK, ROCK BACK FORWARD FORWARD, STEP TOUCH TOUCH, SHUFFLE FORWARD

17&18          Making a brisk ¼ turn left rock/step forward on left, rock back on right, step back on left  
19&20          Rock/step back on right, rock forward on left, step forward on right  
21&22          Step forward on left, touch right beside left, touch right back towards right diagonal (turn head towards the right diagonal too)  
23&24          Shuffle forward right, left, right

## ROCK ¼ LEFT BACK BACK, ROCK BACK FORWARD FORWARD, STEP TOUCH TOUCH, SHUFFLE FORWARD

25&26          Making a brisk ¼ turn left rock/step forward on left, rock back on right, step back on left  
27&28          Rock/step back on right, rock forward on left, step forward on right  
29&30          Step forward on left, touch right beside left, touch right back towards right diagonal

### Turn head towards the right diagonal too

31&32          Shuffle forward right, left, right

REPEAT

---