

La Tortura

拍數: 32 牆數: 4 級數: Intermediate social cha
編舞者: Jon Levant (USA) & Gail Levant (USA)
音樂: La Tortura - Shakira



WALK, WALK, PIVOT ¼-CROSS, SIDE, CROSS, COASTER STEP

1-2 Walk forward right (crossing slightly), walk forward left (crossing slightly)
3&4 Step forward right-pivot ¼ left (weight left)-cross right over left
5-6 Step left to left side, cross right over left
7&8 Step back on left-step right next to left-step forward left

WALK, WALK, PIVOT ¼-CROSS, SIDE, CROSS, COASTER CROSS

9-10 Walk forward right (crossing slightly), walk forward left (crossing slightly)
11&12 Step forward right-pivot ¼ left (weight left)-cross right over left
13-14 Step left to left side, cross right over left
15&16 Step back on left-step right next to left-cross left over right

SIDE, TOGETHER, CHASSE RIGHT, CROSS-ROCK, CHASSE ¼ LEFT

17-18 Step right to right side, step left next to right
19&20 Step right to right side-step left next to right-step right to right side
21-22 Cross-rock left over right, recover onto right
23&24 Step left to left side-step right next to left-step left ¼ turn left

Restart will happen here during 2nd and 5th wall

ROCK FORWARD, RECOVER, TRIPLE-TURN ¾ RIGHT, ROCK FORWARD, RECOVER TRIPLE-TURN ½ LEFT

25-26 Rock forward on right, recover on left
27&28 Triple-turn ¾ right in place stepping right-left-right (12:00)
29-30 Rock forward on left, recover on right
31&32 Triple-turn ½ left in place stepping left-right-left (6:00)

REPEAT

RESTART

There will be 2 restarts. They will occur during the 2nd and 5th walls both times after count 24

TAG

At the completion of walls 3 and 9

SIDE, TOGETHER, SHUFFLE FORWARD, SIDE, TOGETHER, SHUFFLE BACK

1-2 Step right to right side, step left next to right
3&4 Shuffle forward right-left-right
5-6 Step left to left side, step right next to left
7&8 Shuffle back left-right-left

SIDE, TOGETHER, SHUFFLE BACK, SIDE, TOGETHER, SHUFFLE FORWARD

9-10 Step right to right side, step left next to right
11&12 Shuffle back right-left-right
13-14 Step left to left side, step right next to left
15&16 Shuffle forward left-right-left

TAG

At the completion of wall 7

SIDE, TOGETHER, SHUFFLE FORWARD, SIDE, TOGETHER, SHUFFLE BACK

- 1-2 Step right to right side, step left next to right
- 3&4 Shuffle forward right-left-right
- 5-6 Step left to left side, step right next to left
- 7&8 Shuffle back left-right-left

SIDE, TOGETHER, SHUFFLE BACK, SIDE, TOGETHER, SHUFFLE FORWARD

- 9-10 Step right to right side, step left next to right
- 11&12 Shuffle back right-left-right
- 13-14 Step left to left side, step right next to left
- 15&16 Shuffle forward left-right-left

ROCKING CHAIR

- 17-18 Rock forward on right, recover on left
- 19-20 Rock back on right, recover on left

ENDING

The music will end while you are doing tag 1 after the completion of wall 9. You will be facing 12:00. The music stops just as you execute count 13 (step left to left side). Just extend arms out to the sides and smile
