

# La Tortura

**COPPER** KNOB  
STEPSHEETS

拍數: 48      牆數: 2      級數: Intermediate  
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音樂: La Tortura - Shakira



## SYNCOPATED ROCKING CHAIR, SCUFF-¼ TURN-POINT, SAILOR, SAILOR ¼ TURN

1&2&      Rock right forward, recover onto left, rock right back, recover onto left  
3&4      Scuff right forward, hitch right and make ¼ turn right, point right to right  
5&6      Step right behind left, step left to left, step right to right  
7&8      Step left behind right, make ¼ turn left and step right to right, step left to left

During walls 2 and 5 restart dance after count 8

## ROCK, RECOVER, TAP, BACK, TAP, BACK, STOMP, SIDE MAMBOS

9&10&      Rock right forward, recover onto left, tap right toe beside left, step right back  
11&12      Tap left toe beside right, step left back, stomp right beside left (weight on left)  
13&14      Rock right to right, recover onto left, step right beside left  
15&16      Rock left to left, recover onto right, step left beside right

## TOUCH, HITCH ½ TURN, TOUCH, SHUFFLE, TOUCH, HITCH ¾ TURN, SHUFFLE

17&18      Touch right toe forward, hitch right and on ball of left make ½ turn left, touch right toe forward  
19&20      Shuffle forward stepping right, left, right (step right slightly further forward on count 19)  
21&22      Touch left toe forward, hitch left and on ball of right make ¾ turn right, touch left toe forward  
23&24      Shuffle forward stepping left, right, left (step left slightly further forward on count 23)

## HEEL SWITCHES, TAPS, SIDE, ¼ TURN COASTER, TOUCH WITH HIP BUMPS, STEP WITH HIP BUMP

25&26&      Touch right heel forward, step right beside left, touch left heel forward, step left beside right  
27&28      Tap right beside left, tap right slightly further right, step right slightly further right  
29&30      On ball of right make ¼ turn left and step left back, step right beside left, step left forward  
31&32      Touch right forward and bump hips right, bump hips left, step right slightly further forward and bump hips right

## STEP-½ TURN-STEP, STEP-¼ TURN-CROSS, SIDE-ROCK-CROSS, ¾ TURN

33&34      Step left forward, pivot ½ turn right, step left forward  
35&36      Step right forward, pivot ¼ turn left, step right across left  
37&38      Rock left to left, recover onto right, step left across right  
39-40      Make ¼ turn left and step right back, make ½ turn left and step left forward

## MODIFIED RHUMBA BOX, BACK, HEEL JACK, CROSS, BACK, HEEL JACK, CROSS

41&42      Step right to right, step left beside right, step right forward  
43&44      Step left to left, step right beside left, step left forward  
&45&46      Step right slightly back, touch left heel diagonally forward left, step left beside right, step right across left  
&47&48      Step left slightly back, touch right heel diagonally forward right, step right beside left, step left forward

### Easier option:

&45&46      Touch right heel forward, step right beside left, touch left heel forward, step left beside right  
&47&48      Repeat counts &45&46

**REPEAT**