

La Tortura

COPPER KNOB
BY STEPHENETS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Maureen Jones (UK) & Michelle Jones (UK)
音樂: La Tortura - Shakira



SYNCOPATED ROCKING CHAIR, SCUFF-¼ TURN-POINT, SAILOR, SAILOR ¼ TURN

1&2& Rock right forward, recover onto left, rock right back, recover onto left
3&4 Scuff right forward, hitch right and make ¼ turn right, point right to right
5&6 Step right behind left, step left to left, step right to right
7&8 Step left behind right, make ¼ turn left and step right to right, step left to left

During walls 2 and 5 restart dance after count 8

ROCK, RECOVER, TAP, BACK, TAP, BACK, STOMP, SIDE MAMBOS

9&10& Rock right forward, recover onto left, tap right toe beside left, step right back
11&12 Tap left toe beside right, step left back, stomp right beside left (weight on left)
13&14 Rock right to right, recover onto left, step right beside left
15&16 Rock left to left, recover onto right, step left beside right

TOUCH, HITCH ½ TURN, TOUCH, SHUFFLE, TOUCH, HITCH ¾ TURN, SHUFFLE

17&18 Touch right toe forward, hitch right and on ball of left make ½ turn left, touch right toe forward
19&20 Shuffle forward stepping right, left, right (step right slightly further forward on count 19)
21&22 Touch left toe forward, hitch left and on ball of right make ¾ turn right, touch left toe forward
23&24 Shuffle forward stepping left, right, left (step left slightly further forward on count 23)

HEEL SWITCHES, TAPS, SIDE, ¼ TURN COASTER, TOUCH WITH HIP BUMPS, STEP WITH HIP BUMP

25&26& Touch right heel forward, step right beside left, touch left heel forward, step left beside right
27&28 Tap right beside left, tap right slightly further right, step right slightly further right
29&30 On ball of right make ¼ turn left and step left back, step right beside left, step left forward
31&32 Touch right forward and bump hips right, bump hips left, step right slightly further forward and bump hips right

STEP-½ TURN-STEP, STEP-¼ TURN-CROSS, SIDE-ROCK-CROSS, ¾ TURN

33&34 Step left forward, pivot ½ turn right, step left forward
35&36 Step right forward, pivot ¼ turn left, step right across left
37&38 Rock left to left, recover onto right, step left across right
39-40 Make ¼ turn left and step right back, make ½ turn left and step left forward

MODIFIED RHUMBA BOX, BACK, HEEL JACK, CROSS, BACK, HEEL JACK, CROSS

41&42 Step right to right, step left beside right, step right forward
43&44 Step left to left, step right beside left, step left forward
&45&46 Step right slightly back, touch left heel diagonally forward left, step left beside right, step right across left
&47&48 Step left slightly back, touch right heel diagonally forward right, step right beside left, step left forward

Easier option:

&45&46 Touch right heel forward, step right beside left, touch left heel forward, step left beside right
&47&48 Repeat counts &45&46

REPEAT