

# La Tenga

拍數: 60      牆數: 4      級數: Intermediate  
編舞者: Kate Sala (UK)  
音樂: Que la Detengan - David Civera



## ROCK STEP, COASTER STEP, PIVOT ½ TURN, SHUFFLE

1-2            Rock forward on right, rock back on left  
3&4           Step back on right, step left next to right, step forward on right  
5-6           Step forward on left, pivot ½ turn right  
7&8           Step forward on left, step right next to left, step forward on left

## ROCK STEP, COASTER STEP, PIVOT ½ TURN, SHUFFLE

1-8            Repeat the above 8 counts

## TOUCH BALL STEP, SIDE TOGETHER, CHASSE ¼ TURN, PIVOT ¾ TURN

1&2           Touch right toe next to left instep, step back on ball of right, step forward on left  
3-4           Step right to right side, step left next to right  
5&6           Step right to right side, step left next to right, step right to right side with ¼ turn right  
7-8           Step forward on left, pivot ¾ turn right

## SIDE TOGETHER, CHASSE, TOUCH BALL STEP, PIVOT ½ TURN

1-2           Step left to left side, step right next to left  
3&4           Step left to left side, step right next to left, step left to left side  
5&6           Touch right toe next to left instep, step back on ball of right, step forward on left  
7-8           Step forward on right, pivot ½ turn left

## STEP, SIDE TOUCH, STEP, KICK BALL STEP, STEP, TOUCH BEHIND, SHUFFLE BACK

1-2           Step forward on right, touch left toe out to left side  
3            Step forward on left  
4&5           Kick right out to right side, step ball of right behind left, step forward on left  
6-7           Step forward on right, touch left toe behind right  
8&1           Step back on left, step right next to left, step back on left

## ROCK BACK, SIDE ROCK & CROSS, TURN ½ RIGHT, CROSS ROCK

2-3           Rock back on right, rock forward on left  
4&5           Rock right out to right side, step left in place, cross step right over left  
6-7           Turn ¼ right stepping back on left, turn ¼ right stepping right to right side  
8-1           Cross rock left over right, rock right in place

## CHASSE ¼ TURN, FULL TURN LEFT, PIVOT ¼ TURN LEFT, HEEL GRIND ¼ TURN RIGHT

2&3           Step left to left side, step right next to left, step left to left side with ¼ turn left  
4-5           Turn ½ left stepping back on right, turn ½ left stepping forward on left  
6-7           Step forward on right, pivot ¼ turn left  
8-1           Dig right heel next to left and grind heel turning ¼ right, (now facing 9:00)

## COASTER STEP, STEP FORWARD

2&3           Step back on right, step left next to right, step forward on right  
4            Step forward on left

REPEAT

