

# L.A. Swing

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Henry Damen (NL)  
音樂: Swingit - Bus Stop



## BASIC RUMBA STEPS, LOCK STEP, ½ TURN, STEP ½ PIVOT

1&2      Step left side left, step right next to left, step left forward  
3&4      Step right side right, step left next to right, step forward right  
5&6      Step back left, lock right in front of left, step back left  
7&8      ½ turn right stepping right forward, step forward left, ½ turn right

## CROSS CLOSE DIAGONAL STEPS, WALK FORWARD, ROCK STEP, ½ TURN LEFT

9&10      Step left across right, step right next to left, step left diagonal forward  
11&12      Step right across left, step left next to right, step right ¼ turn right  
13-14      Walk forward left, walk forward right  
15&16      Rock forward left, step right in place, ½ turn left stepping left forward

## SKATER STEPS FORWARD, ROCK STEP, COASTER STEP

17-18      Skate forward right, skate forward left  
19&20      Skate forward right, skate forward left skate forward right & ¼ turn right  
21-22      Rock forward left, step right in place  
23&24      Step back left, step left right next to left, step forward left

## SIDE ROCK & CROSS STEP, ROCK WITH ¼ TURN, STEP FORWARD, ½ TURN RIGHT

25&26      Rock right side right, step left in place, step right across left  
27&28      Rock left side left, step right in place, step left across right  
29&30      Rock right forward & ¼ turn right, step left in place, step right next to left  
**On count 29, put hands on the back of your head and push pelvis forward**  
31-32      Step forward left, make ½ turn right

**REPEAT**

---