

# La Playa

**COPPER** KNOB  
STEPSHEETS

拍數: 64      牆數: 4      級數: Advanced  
編舞者: Derrick Goh (SG)  
音樂: A la Playa - S.B.S.



This dance came in 1st place for choreography in the Non-Country Intermediate/Advanced category, at the UCWDC Asia Pacific Championship, Singapore 2003 held on 23 August

## RIGHT STEP ACROSS HOLD, HEEL CLICK TWICE, SHUFFLE DIAGONAL RIGHT STEP OUT TO LEFT, STEP OUT TO RIGHT, LOOK LEFT THEN FORWARD

- &      Raise right knee and lift right shoulder and drop left shoulder  
1      Cross right over left, drop right shoulder and lift left shoulder  
&2      Lift right shoulder and drop left shoulder, drop right shoulder and lift left shoulder  
&3      Step left beside right and split heels apart, click heels together  
&4      Split heels apart, click heels together  
5&6      Step right diagonal right, step left beside right, step right diagonal right  
&7-8      Step left to left, step right to right and look left, look forward  
**Hands action:**  
&3&4      Put both hands on belt buckle and move elbows out, in, out, in  
5&6      Stretch both arms out, flex elbows and stretch out again diagonally-right, and snap fingers twice  
&7-8      Place left hand at midriff with palm facing inward, stretch right arm out to right side with palm facing outward

## PIVOT ½ TURN, TOUCH BESIDE, STEP FORWARD, TOUCH BESIDE, LUNGE RIGHT, TOUCH BESIDE, STEP OUT TO LEFT, STEP OUT TO RIGHT

- 1-2      Step right forward, pivot ½ turn left while sliding left beside right  
3-4      Step forward on left, touch right beside left  
5-6      Lunge step right to far right side, touch left beside right  
&7      Step left toe to left, step right toe to right  
8      Drop heels down, weight on right with knee bend and look left (body facing diagonally left)  
**Hands action:**  
5      Stretch left arm to left side parallel to floor, raise right arm 45-degrees up to the right side  
6      Place both arms by the sides  
&7      Stretch both arms high up, "v" position, palms facing outward  
8      Drop both arms down by sides, arching shoulders backward

## HIPS BUMPS, STEP LEFT TO LEFT, ½ TURN RIGHT AND STEP RIGHT TO RIGHT SIDE, LEFT STEP ACROSS LUNGE RIGHT, ¼ TURN RIGHT AND TOUCH LEFT

- 1&2&3&      Weight remain on right, bump hips left, right, left, right, left, right  
4      Step left to left side (6:00)  
5-6      Turn ½ right and step right to right side (12:00), cross left over right  
7-8      Lunge step right to far right side, turn ¼ right and touch left beside right (3:00)  
**Hands action:**  
7      Stretch left arm to left side parallel to floor, raise right arm 45-degrees up to the right side  
8      Place left palm on side of left hip, hold hat with right hand at eye-level

## KNEE-ROLL TO THE LEFT WITH ¼ TURN LEFT, KICK FORWARD, STEP OUT TO LEFT, STEP OUT TO RIGHT, LOOK LEFT, FULL-TURN RIGHT, HALF-SQUAT DOWN, LOOK RIGHT

- 1-2      Roll left knee to the left, follow by right knee into ¼ turn left (12:00)  
3&4      Kick left forward, step left to left, step right to right and look left  
5-6      Full-spin turn to right on right, step left to left (12:00), feet apart

7-8 Bend both knees outward (half-squat position), look right with both palms on thighs

**Hands action:**

1-2 Maintaining position with left palm on side of left hip, holding hat with right hand

3&4 Push right arm in front on count 3, slap both arms by side on counts &4

**SHOULDER-PUSH SIDE-LUNGE LEFT, RIGHT, LEFT, RIGHT, ½ TURN LEFT CROSS BEHIND, UNWIND ½ TURN LEFT**

1-2-3-4 Push shoulder with body lunge left, right, left, right (feet apart), end weight on right

5-6 Turn ¼ left step forward on left, turn ¼ left step right to right side (6:00)

7-8 Cross left behind right, unwind ½ turn left, weight on left (12:00)

**Hands action:**

1-3 Bend left elbow across chest, straighten right arm parallel to right leg, and pull left arm in to left side

2-4 Repeat with alternate hand

**¼ TURN LEFT HITCH RIGHT, HOLD, ½ TURN RIGHT STEP DOWN HITCH LEFT, ¼ LEFT STEP TO LEFT SIDE, HANDS-PUSH WITH HIPS BUMP**

1-2 Turn ¼ left hitch right knee and push left palm forward, right hand on right hip, hold (9:00)

3-4 Turn ½ right, step forward on right, hitch left knee and push right palm forward, left hand on left hip (3:00)

&5 Turn ¼ left and step left to left, push right palm to left diagonal with hip bump left

6 Push right palm to right diagonal with hip bump right

7&8 Push right palm twice to left diagonal with double hip bumps left

**ROLLING TURN RIGHT WITH SIDE SHUFFLE, SYNCOPATED-CROSS ROCKS**

1-2 Turn ¼ right and step forward on right, turn ½ right and step back on left

3&4 Turn ¼ right and step right to right, step left beside right, step right to right

5&6& Cross left over right, step right in place, rock left to left, step right in place

7&8 Cross left over right, step right in place, cross left over right

**Hands action:**

5& Look right, hold hat with right hand at eye-level

6& Drop right hand, look left

7&8 Look right, hold hat with right hand at eye-level

**STEP BACK, ¼ TURN LEFT STEP FORWARD, ¼ TURN LEFT SIDE SHUFFLE, SYNCOPATED-CROSS ROCK, SIDE ROCK, BACK ROCK, ¼ TURN LEFT**

1-2 Step back on right, turn ¼ left and step forward on left

3&4 Turn ¼ left and step right to right, step left beside right, step right to right (6:00)

5&6& Cross left over right, step right in place, rock left to left, step right in place

7&8 Rock back on left, step right in place, turn ¼ left and step forward left (9:00)

**Hands action:**

5& Look right, hold hat with right hand at eye-level

6& Drop right hand, look left

**REPEAT**

**FINISHING POSE (2 OPTIONS):**

With hat - lunge right diagonally on ball of foot (1:30), right hand holding hat at eye-level

Without hat - raise right arm up diagonally at 45-degrees (1:30)

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