La Pachanga De Pendejos

級數: Intermediate/Advanced

編舞者: Rino Rimoldi (USA)

拍數: 60

音樂: The Cup of Life - Ricky Martin

Loosely translates to "The Dance Of The Jerks"

FORWARD TOUCH, BACKWARD TOUCH

- Step left forward, right touch, step right back, left touch 1-4
- 5-8 Repeat steps 1 through 4

LEFT SIDE TOUCH, RIGHT SIDE TOUCH

- 1-4 Left step to side, right touch, right step to side, left touch
- 5-8 Repeat steps 9 through 12

TO THE LEFT CROSSOVERS

- 1-4 Left to the side, right crossover left (turning ¼ left), left to the side (turning ¼ right), right close
- 5-8 Left to the side, right crossover left (turning ¼ left), left to the side (turning ¼ left), right touch

TO THE RIGHT CROSSOVERS

- Right to the side, left crossover right (turning ¼ right), right to the side (turning ¼ left), left 1-4 close
- 5-8 Right to the side, left crossover right (turning ¼ right), right to the side (turning ¼ left), right touch

TWO-STEP LEFT. TWO-STEP RIGHT

- 1-4 Left to the side, right close, left to the side, right touch
- 5-8 Right to the side, left close, right to the side, left touch

FORWARD AND BACK SYNCOPATED PACHANGA STEPS

- &1&2 Left step forward on diagonal, right step next to left; left step back on diagonal, right step next to left
- &3&4 Repeat 1 and 2 above
- &5&6 Left crossover right, right step next to left; left step back, right step next to left
- &7&8 Repeat 5 and 6 above
- &1&2 Left forward on diagonal (10:00), right next to left, left back on diagonal (4:00), right next to left
- Left forward on diagonal (2:00), right next to left, left back on diagonal (8:00), right next to left &3&4

TWO-STEP LEFT, TWO-STEP RIGHT

- Left to the side, right close, left to the side, right touch 1-4
- 5-8 Right to the side, left close, right to the side, left touch

REPEAT





牆數: 1