

La Pa'lla Rhumba

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Improver
編舞者: Margaret McDougall
音樂: Dale Pa'Lla - Mestizzo



ROCK FORWARD, BACK, COASTER STEP, ROCK FORWARD, BACK, COASTER STEP

1-2 Rock forward on right, rock back on left
3&4 Step back right, step left next to right, step forward left
5-6 Rock forward on left, rock back on right
7&8 Step back left, step right next to left, step forward right

PADDLE ½ TURN TO LEFT 3 TIMES MORE

9&10 Touch right toe forward, pivot 1/8 turn left
11-16 Repeat steps 9&10 a further 3 times to complete ½ turn left

JAZZ BOX, HEEL BALL CROSSES

17-18 Step right foot over left, step back left foot
19-20 Step right foot to right side, step left foot next to right
21&22 Kick forward right, step back on ball of right, cross left over right
23-24 Kick forward right, step back on ball of right, cross left over right

ROCK, ROCK CROSS SHUFFLE, ROCK, ROCK ¼ TURN

25-26 Rock onto right, rock onto left
27&28 Cross right over left, step on left, cross right over left
29-30 Rock out to left on left, replace weight onto right turning ¼ left
31&32 Step forward on left, bring right next to left, step forward on left

SIDE TOGETHER, CHASSE RIGHT, CROSS ROCK BEHIND

33-34 Step right to right side, step left beside right
35&36 Step right to right side, close left beside right, step right to right side
37-38 Left cross rock behind right, rock onto right

SIDE TOGETHER, CHASSE LEFT, CROSS ROCK BEHIND

39-40 Step left to left side, close right beside left
41&42 Step left to left side, close right beside left, step left to left side
43-44 Right cross rock behind left, rock onto left

PIVOT ½ TURN LEFT TWICE

45-46 Step forward on right pivot, ¼ turn to left
47-48 Step forward on right pivot, ¼ turn to left

REPEAT
