

La Nina (P)

拍數: 48 牆數: 0 級數: Partner
編舞者: Larry Carriger (USA) & Jody Carriger (USA)
音樂: I Hope You Want Me Too - The Mavericks



Position: Promenade position, man facing OLOD, lady facing ILOD

STEPS & TURN, STEPS & TURN, ROCK STEP

- 1-4 **MAN:** Step forward left, right, left (turning ½ right), touch right heel forward (facing RLOD)
 LADY: Step forward right, left, right (turning ½ left), touch left heel forward (facing RLOD)
- 5-8 **MAN:** Step in place right (turning ½ left), touch left heel forward (facing LOD), step forward left, rock back on right (drop lead hands)
 LADY: Step in place left (turning ½ right), touch right heel forward (facing LOD), step forward right, rock back on left (drop lead hands)

STEP, TOUCH, STEP, SLIDE, ROCK STEP

- 1-4 **MAN:** Step back & slightly left on left, (lady is on man's right side) touch right at instep, step right, slide left next to right
 LADY: Step back & slightly right on right, (man is on lady's left side) touch left at instep, step left, slide right next to left
- 5-8 **MAN:** Step right, touch left next to right (man is behind lady, their hands on her hips) step forward left, recover back right
 LADY: Step left, step right, (man is behind lady, their hands on her hips) step forward left, recover back right

CONGA STEPS, REPEAT

- 1-4 **BOTH:** Step forward left, right, left touch right toe to right & push hip up
5-8 Step forward right, left, right touch left toe to left & push hip up

LADY TURNS INTO ARCHED POSITION, PINWHEEL TURN

- 1-4 **BOTH:** Step slightly forward left, right, left, touch right toe to right & push hips up (drop left hands, lady turns ½ turn to right under right arms, right arms arched over head, left hands on partner's hip, lady facing RLOD, man facing LOD)
- 5-8 **BOTH:** Step right, left, right (turning ½ turn left) bump left hips together, weight on left

STEPS INTO RIGHT SIDE-BY-SIDE POSITION, STEP PIVOT, STEP SCUFF

- 1-4 **MAN:** Step back right, (turning ½ turn left) step forward left, step forward right, scuff left at instep
 LADY: Step forward right, left, right (turning 1 full turn to right), scuff left at instep (now in right side-by-side position)
- 5-8 **BOTH:** Step forward left, pivot ½ right, step forward left, scuff right at instep (both facing RLOD in left side-by-side position)

STEP PIVOT, LADY TURNS BACK INTO PROMENADE POSITION, ROCK STEP

- 1-4 **MAN:** Step forward right, pivot ¼ left, step right over left, step left (dropping left hands, put lady's right hand into man's left, back into promenade position)
 LADY: Step forward right, pivot ¼ left step right, left (starting 1 ½ turn to left, back into promenade position)
- 5-8 **MAN:** Step right over left, touch left at instep, step forward left, recover right
 LADY: (Finishing turn) stepping right, left, step forward right, recover left

REPEAT

